

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

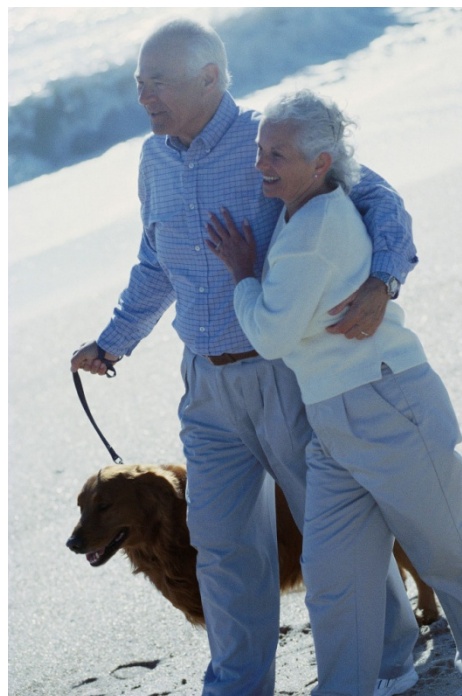
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INTRODUCTION

As of the year 2000, Florida had the second highest number of older Americans (2,807,597), and highest percentage of older Americans (17.6%) in the United States [He, 2005]. This is a trend that is expected to hold for at least the next couple decades [Hobbs, 1996]. Older Americans experience an increased disease burden, and often have special needs. In order to better understand and serve this large and important segment of Florida's population, the Florida Office on Disability and Health, in conjunction with the Florida Department of Elder Affairs, produced a snapshot of demographic, health characteristics, and health behavior characteristics of Floridians aged 60 and over. The 2007 Florida Behavioral Risk Factor Surveillance System (BRFSS) provides a unique opportunity to describe the characteristics of Florida's older population at both the state and county level because of a very large survey sample in 2007.

The BRFSS is an annual telephone survey which collects demographic, health behavior, health outcome, and health care access data from randomly dialed non-institutionalized adults age 18 and over in the United States and its territories. It consists of a core section of questions administered nationally and separate modules that states may choose to use [Gentry 1985, Remington 1988]. The survey is administered through state and territorial health agencies with assistance from the CDC. The data are weighted so respondents represent the population of their state based on gender, race, and age, making results generalizable to the entire state.

In 2007, Florida had 39,549 respondents to the annual BRFSS, of which 39.2% (n=15,519) were aged 60 and older. The respondents were sampled by county to allow for county-level public health data. For this report, the majority of counties have older adult respondent samples between 150 and 300 persons: the smallest is Santa Rosa County with 151 participants aged 60 and over. Only three counties have samples larger than 400: Highlands, Sarasota, and Duval counties. The largest was Duval with 474 participants aged 60 and over. While these county-level surveys are very useful for providing population estimates of health and behaviors, these are relatively small sample sizes when compared to the state-wide BRFSS numbers. The small number of people who were surveyed in counties (the "denominator") can lead to our providing descriptive percentage estimates based on small or undetectable frequencies. This does not mean that our older adults in these areas do not experience a health event we report on, but that the sample size was not sufficient to statistically detect or estimate the small frequencies. As such, the estimates provided in this report should not be compared across counties without caution, since the precision of each statistic varies by the size of the group of respondents.

Tables 1 through 67 provide estimates of individual county demographic, health characteristics and behaviors for adults aged 60 and over and compares county data results to the results based on the combined state sample of older adults.

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County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Table 1: Demographic and health behavior characteristics among persons age 60 and older, Florida and Alachua County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Alachua County (n=200)
	Percent	Percent
Demographics		
Age		
60-64	23.7	28.9
65-69	20.8	21.7
70-74	18.5	18.2
75-79	17.1	13.9
80-84	12.9	11.6
85+	7.1	5.7
Gender		
Female	55.3	56.4
Race/ethnicity		
White, non-Hispanic	82.9	89.4
Black, non-Hispanic	5.1	7.3
Hispanic	9.2	0.7
Other, non-Hispanic	2.9	2.7
Education		
<High school	11.4	7.3
High school	30.8	23.6
Some college	26.6	28.1
College	31.2	41.1
Annual Household Income		
\$19,999 or less	14.8	17.0
\$20,000 - \$24,999	11.5	9.7
\$25,000 - \$34,999	12.8	9.1
\$35,000 - \$49,999	15.0	17.0
\$50,000 or more	27.1	29.3
Missing	18.9	17.9
Veteran Status		
Severed on active duty	28.2	32.4
Marital Status		
Married	59.9	57.2
Divorced	11.3	12.5
Widowed	23.2	20.5
Separated	1.6	5.2
Never married	3.2	3.0
Unmarried couple	0.8	1.5
Has children under 18 years old in household	5.3	3.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	79.3
Emotional support		
Always or usually receive support needed	78.0	81.9
General life satisfaction		
Very satisfied or satisfied	95.3	96.8
Limited Activities¹	28.0	27.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Special Equipment ²	15.1	16.0
Person with disability ³	31.7	32.1
Body Mass Index		
Underweight	2.1	0.6
Normal weight	34.3	35.5
Overweight	40.7	37.4
Obese	22.8	26.4
Told by a health professional that you have:		
Arthritis	46.0	49.5
Asthma	9.7	13.8
Diabetes	18.3	16.6
High blood pressure	52.6	50.3
High cholesterol	50.6	46.7
Heart attack	12.8	8.5
Coronary heart disease	12.2	6.7
Stroke	6.9	5.7
Health Behavior		
Participation in physical activity or any exercise	69.5	72.0
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.5
Taking action to control blood pressure ⁴	96.7	98.9
Smoking status		
Smokes everyday	9.3	11.9
Smokes some days	2.3	3.1
Former smoker	45.4	42.5
Never smoked	43.0	42.5
Heavy Drinker ⁵	5.0	5.1
Binge drinker ⁶	5.5	5.4
Had checkup in past year	89.4	92.7
Tested for HIV / AIDS ⁷	23.9	17.5
Had mammogram ⁸	95.3	92.4
Had pap test ⁸	92.6	97.1
Immunization		
Influenza	59.7	69.6
Pneumonia	55.5	65.0
Hepatitis B	13.3	20.6
Has personal doctor	91.6	94.3
Any health coverage	94.3	93.3
Could not see a doctor because of cost	6.4	7.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 2: Demographic and health behavior characteristics among persons age 60 and older, Florida and Baker County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Baker County (n=180)
	Percent	Percent
Demographics		
Age		
60-64	23.7	35.0
65-69	20.8	29.2
70-74	18.5	13.1
75-79	17.1	8.1
80-84	12.9	11.9
85+	7.1	2.3
Gender		
Female	55.3	52.9
Race/ethnicity		
White, non-Hispanic	82.9	84.0
Black, non-Hispanic	5.1	2.9
Hispanic	9.2	5.8
Other, non-Hispanic	2.9	7.3
Education		
<High school	11.4	19.0
High school	30.8	44.9
Some college	26.6	26.0
College	31.2	10.2
Annual Household Income		
\$19,999 or less	14.8	26.0
\$20,000 - \$24,999	11.5	11.9
\$25,000 - \$34,999	12.8	15.1
\$35,000 - \$49,999	15.0	19.4
\$50,000 or more	27.1	15.6
Missing	18.9	12.0
Veteran Status		
Severed on active duty	28.2	32.4
Marital Status		
Married	59.9	59.6
Divorced	11.3	14.8
Widowed	23.2	22.7
Separated	1.6	0.7
Never married	3.2	1.3
Unmarried couple	0.8	0.9
Has children under 18 years old in household	5.3	6.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	60.1
Emotional support		
Always or usually receive support needed	78.0	72.1
General life satisfaction		
Very satisfied or satisfied	95.3	89.7
Limited Activities ¹	28.0	30.9
Special Equipment ²	15.1	21.7
Person with disability ³	31.7	36.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.7
Normal weight	34.3	33.7
Overweight	40.7	39.2
Obese	22.8	25.4
Told by a health professional that you have:		
Arthritis	46.0	45.7
Asthma	9.7	9.7
Diabetes	18.3	22.5
High blood pressure	52.6	61.9
High cholesterol	50.6	48.2
Heart attack	12.8	15.6
Coronary heart disease	12.2	10.2
Stroke	6.9	10.7
Health Behavior		
Participation in physical activity or any exercise	69.5	63.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	17.7
Taking action to control blood pressure ⁴	96.7	90.1
Smoking status		
Smokes everyday	9.3	14.7
Smokes some days	2.3	1.4
Former smoker	45.4	37.6
Never smoked	43.0	46.3
Heavy Drinker ⁵	5.0	2.2
Binge drinker ⁶	5.5	8.8
Had checkup in past year	89.4	90.4
Tested for HIV / AIDS ⁷	23.9	20.6
Had mammogram ⁸	95.3	86.7
Had pap test ⁸	92.6	90.0
Immunization		
Influenza	59.7	54.7
Pneumonia	55.5	62.1
Hepatitis B	13.3	14.2
Has personal doctor	91.6	95.0
Any health coverage	94.3	92.9
Could not see a doctor because of cost	6.4	14.0

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 3: Demographic and health behavior characteristics among persons age 60 and older, Florida and Bay County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Bay County (n=195)
	Percent	Percent
Demographics		
Age		
60-64	23.7	28.4
65-69	20.8	21.6
70-74	18.5	20.7
75-79	17.1	11.7
80-84	12.9	9.7
85+	7.1	7.9
Gender		
Female	55.3	55.4
Race/ethnicity		
White, non-Hispanic	82.9	79.3
Black, non-Hispanic	5.1	1.9
Hispanic	9.2	14.4
Other, non-Hispanic	2.9	4.4
Education		
<High school	11.4	18.0
High school	30.8	27.3
Some college	26.6	26.5
College	31.2	28.2
Annual Household Income		
\$19,999 or less	14.8	16.1
\$20,000 - \$24,999	11.5	6.3
\$25,000 - \$34,999	12.8	20.1
\$35,000 - \$49,999	15.0	13.7
\$50,000 or more	27.1	20.1
Missing	18.9	23.7
Veteran Status		
Severed on active duty	28.2	28.4
Marital Status		
Married	59.9	58.7
Divorced	11.3	16.1
Widowed	23.2	20.2
Separated	1.6	0.5
Never married	3.2	3.5
Unmarried couple	0.8	1.0
Has children under 18 years old in household	5.3	6.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	73.0
Emotional support		
Always or usually receive support needed	78.0	83.4
General life satisfaction		
Very satisfied or satisfied	95.3	97.8
Limited Activities¹		
Special Equipment ²	15.1	14.0
Person with disability ³	31.7	29.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.4
Normal weight	34.3	29.7
Overweight	40.7	41.1
Obese	22.8	27.8
Told by a health professional that you have:		
Arthritis	46.0	52.1
Asthma	9.7	16.1
Diabetes	18.3	17.6
High blood pressure	52.6	54.0
High cholesterol	50.6	56.1
Heart attack	12.8	10.5
Coronary heart disease	12.2	16.5
Stroke	6.9	9.0
Health Behavior		
Participation in physical activity or any exercise	69.5	57.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	30.3
Taking action to control blood pressure ⁴	96.7	83.9
Smoking status		
Smokes everyday	9.3	5.9
Smokes some days	2.3	2.7
Former smoker	45.4	43.9
Never smoked	43.0	47.5
Heavy Drinker ⁵	5.0	5.6
Binge drinker ⁶	5.5	2.4
Had checkup in past year	89.4	89.2
Tested for HIV / AIDS ⁷	23.9	23.4
Had mammogram ⁸	95.3	91.6
Had pap test ⁸	92.6	92.8
Immunization		
Influenza	59.7	57.2
Pneumonia	55.5	50.2
Hepatitis B	13.3	8.0
Has personal doctor	91.6	81.0
Any health coverage	94.3	10.1
Could not see a doctor because of cost	6.4	13.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 4: Demographic and health behavior characteristics among persons age 60 and older, Florida and Bradford County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Bradford County (n=206)
	Percent	Percent
Demographics		
Age		
60-64	23.7	23.5
65-69	20.8	27.2
70-74	18.5	17.7
75-79	17.1	20.9
80-84	12.9	10.1
85+	7.1	0.6
Gender		
Female	55.3	60.4
Race/ethnicity		
White, non-Hispanic	82.9	84.0
Black, non-Hispanic	5.1	4.3
Hispanic	9.2	4.8
Other, non-Hispanic	2.9	6.9
Education		
<High school	11.4	24.1
High school	30.8	36.6
Some college	26.6	20.4
College	31.2	19.0
Annual Household Income		
\$19,999 or less	14.8	19.1
\$20,000 - \$24,999	11.5	10.2
\$25,000 - \$34,999	12.8	12.9
\$35,000 - \$49,999	15.0	13.5
\$50,000 or more	27.1	13.9
Missing	18.9	29.9
Veteran Status		
Severed on active duty	28.2	27.5
Marital Status		
Married	59.9	59.0
Divorced	11.3	15.0
Widowed	23.2	24.1
Separated	1.6	0.7
Never married	3.2	0.0
Unmarried couple	0.8	1.3
Has children under 18 years old in household	5.3	8.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	73.6
Emotional support		
Always or usually receive support needed	78.0	62.5
General life satisfaction		
Very satisfied or satisfied	95.3	95.2
Limited Activities¹		
Special Equipment ²	15.1	18.3
Person with disability ³	31.7	31.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.4
Normal weight	34.3	22.7
Overweight	40.7	29.8
Obese	22.8	47.1
Told by a health professional that you have:		
Arthritis	46.0	46.3
Asthma	9.7	20.2
Diabetes	18.3	16.2
High blood pressure	52.6	58.1
High cholesterol	50.6	65.0
Heart attack	12.8	9.4
Coronary heart disease	12.2	7.3
Stroke	6.9	6.8
Health Behavior		
Participation in physical activity or any exercise	69.5	60.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	26.4
Taking action to control blood pressure ⁴	96.7	97.2
Smoking status		
Smokes everyday	9.3	4.6
Smokes some days	2.3	1.0
Former smoker	45.4	44.2
Never smoked	43.0	50.2
Heavy Drinker ⁵	5.0	1.6
Binge drinker ⁶	5.5	0.3
Had checkup in past year	89.4	77.5
Tested for HIV / AIDS ⁷	23.9	42.3
Had mammogram ⁸	95.3	95.9
Had pap test ⁸	92.6	96.1
Immunization		
Influenza	59.7	46.6
Pneumonia	55.5	39.2
Hepatitis B	13.3	17.8
Has personal doctor	91.6	94.7
Any health coverage	94.3	84.4
Could not see a doctor because of cost	6.4	16.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 5: Demographic and health behavior characteristics among persons age 60 and older, Florida and Brevard County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Brevard County (n=249)
	Percent	Percent
Demographics		
Age		
60-64	23.7	22.6
65-69	20.8	19.3
70-74	18.5	21.3
75-79	17.1	20.0
80-84	12.9	11.0
85+	7.1	6.0
Gender		
Female	55.3	55.2
Race/ethnicity		
White, non-Hispanic	82.9	85.7
Black, non-Hispanic	5.1	5.1
Hispanic	9.2	4.4
Other, non-Hispanic	2.9	4.8
Education		
<High school	11.4	7.3
High school	30.8	34.2
Some college	26.6	29.9
College	31.2	28.7
Annual Household Income		
\$19,999 or less	14.8	12.5
\$20,000 - \$24,999	11.5	11.4
\$25,000 - \$34,999	12.8	14.7
\$35,000 - \$49,999	15.0	15.3
\$50,000 or more	27.1	25.4
Missing	18.9	20.8
Veteran Status		
Severed on active duty	28.2	32.9
Marital Status		
Married	59.9	62.6
Divorced	11.3	10.3
Widowed	23.2	24.1
Separated	1.6	0.5
Never married	3.2	2.0
Unmarried couple	0.8	0.6
Has children under 18 years old in household	5.3	2.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	79.0
Emotional support		
Always or usually receive support needed	78.0	83.3
General life satisfaction		
Very satisfied or satisfied	95.3	97.8
Limited Activities¹		
	28.0	36.1
Special Equipment²		
	15.1	16.2
Person with disability³		
	31.7	38.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.8
Normal weight	34.3	31.2
Overweight	40.7	45.9
Obese	22.8	22.2
Told by a health professional that you have:		
Arthritis	46.0	45.6
Asthma	9.7	8.7
Diabetes	18.3	22.3
High blood pressure	52.6	55.3
High cholesterol	50.6	50.7
Heart attack	12.8	12.3
Coronary heart disease	12.2	12.4
Stroke	6.9	11.2
Health Behavior		
Participation in physical activity or any exercise	69.5	72.3
Fruit and vegetable consumption		
5 or more serving per day	27.8	29.5
Taking action to control blood pressure ⁴	96.7	98.7
Smoking status		
Smokes everyday	9.3	12.1
Smokes some days	2.3	2.8
Former smoker	45.4	42.3
Never smoked	43.0	42.8
Heavy Drinker ⁵	5.0	8.5
Binge drinker ⁶	5.5	4.6
Had checkup in past year	89.4	88.3
Tested for HIV / AIDS ⁷	23.9	30.0
Had mammogram ⁸	95.3	93.8
Had pap test ⁸	92.6	89.2
Immunization		
Influenza	59.7	67.4
Pneumonia	55.5	63.0
Hepatitis B	13.3	7.6
Has personal doctor	91.6	90.9
Any health coverage	94.3	95.9
Could not see a doctor because of cost	6.4	7.5

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 6: Demographic and health behavior characteristics among persons age 60 and older, Florida and Broward County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Broward County (n=203)
	Percent	Percent
Demographics		
Age		
60-64	23.7	27.5
65-69	20.8	19.5
70-74	18.5	16.4
75-79	17.1	12.4
80-84	12.9	12.8
85+	7.1	11.4
Gender		
Female	55.3	54.7
Race/ethnicity		
White, non-Hispanic	82.9	86.1
Black, non-Hispanic	5.1	3.7
Hispanic	9.2	6.7
Other, non-Hispanic	2.9	3.5
Education		
<High school	11.4	9.6
High school	30.8	27.4
Some college	26.6	30.5
College	31.2	32.5
Annual Household Income		
\$19,999 or less	14.8	10.7
\$20,000 - \$24,999	11.5	14.6
\$25,000 - \$34,999	12.8	10.0
\$35,000 - \$49,999	15.0	15.5
\$50,000 or more	27.1	33.8
Missing	18.9	15.3
Veteran Status		
Severed on active duty	28.2	25.0
Marital Status		
Married	59.9	49.3
Divorced	11.3	16.7
Widowed	23.2	24.1
Separated	1.6	2.7
Never married	3.2	7.2
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	4.3
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	70.7
Emotional support		
Always or usually receive support needed	78.0	77.0
General life satisfaction		
Very satisfied or satisfied	95.3	93.0
Limited Activities¹		
Special Equipment ²	28.0	25.0
Person with disability ³	15.1	14.3
	31.7	29.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.9
Normal weight	34.3	35.0
Overweight	40.7	42.9
Obese	22.8	18.3
Told by a health professional that you have:		
Arthritis	46.0	44.2
Asthma	9.7	8.9
Diabetes	18.3	14.7
High blood pressure	52.6	54.1
High cholesterol	50.6	51.4
Heart attack	12.8	15.6
Coronary heart disease	12.2	11.1
Stroke	6.9	5.4
Health Behavior		
Participation in physical activity or any exercise	69.5	69.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	26.6
Taking action to control blood pressure ⁴	96.7	99.3
Smoking status		
Smokes everyday	9.3	15.2
Smokes some days	2.3	0.7
Former smoker	45.4	43.0
Never smoked	43.0	41.2
Heavy Drinker ⁵	5.0	2.5
Binge drinker ⁶	5.5	9.8
Had checkup in past year	89.4	92.0
Tested for HIV / AIDS ⁷	23.9	34.2
Had mammogram ⁸	95.3	92.6
Had pap test ⁸	92.6	89.6
Immunization		
Influenza	59.7	54.2
Pneumonia	55.5	50.2
Hepatitis B	13.3	12.0
Has personal doctor	91.6	92.6
Any health coverage	94.3	90.5
Could not see a doctor because of cost	6.4	5.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 7: Demographic and health behavior characteristics among persons age 60 and older, Florida and Calhoun County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Calhoun County (n=194)
	Percent	Percent
Demographics		
Age		
60-64	23.7	28.0
65-69	20.8	26.6
70-74	18.5	15.9
75-79	17.1	16.3
80-84	12.9	11.4
85+	7.1	2.0
Gender		
Female	55.3	57.3
Race/ethnicity		
White, non-Hispanic	82.9	92.0
Black, non-Hispanic	5.1	4.9
Hispanic	9.2	0.7
Other, non-Hispanic	2.9	2.5
Education		
<High school	11.4	35.3
High school	30.8	35.5
Some college	26.6	17.7
College	31.2	11.5
Annual Household Income		
\$19,999 or less	14.8	24.5
\$20,000 - \$24,999	11.5	26.0
\$25,000 - \$34,999	12.8	16.8
\$35,000 - \$49,999	15.0	4.7
\$50,000 or more	27.1	8.3
Missing	18.9	19.7
Veteran Status		
Severed on active duty	28.2	28.4
Marital Status		
Married	59.9	62.1
Divorced	11.3	12.0
Widowed	23.2	19.8
Separated	1.6	1.5
Never married	3.2	3.8
Unmarried couple	0.8	0.7
Has children under 18 years old in household	5.3	3.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	47.3
Emotional support		
Always or usually receive support needed	78.0	64.3
General life satisfaction		
Very satisfied or satisfied	95.3	96.8
Limited Activities¹		
	28.0	44.8
Special Equipment²		
	15.1	49.7
Person with disability³		
	31.7	49.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	8.0
Normal weight	34.3	49.4
Overweight	40.7	25.7
Obese	22.8	16.9
Told by a health professional that you have:		
Arthritis	46.0	67.3
Asthma	9.7	8.5
Diabetes	18.3	21.1
High blood pressure	52.6	51.4
High cholesterol	50.6	56.4
Heart attack	12.8	29.1
Coronary heart disease	12.2	31.2
Stroke	6.9	22.7
Health Behavior		
Participation in physical activity or any exercise	69.5	51.7
Fruit and vegetable consumption		
5 or more serving per day	27.8	25.7
Taking action to control blood pressure ⁴	96.7	97.8
Smoking status		
Smokes everyday	9.3	30.2
Smokes some days	2.3	4.4
Former smoker	45.4	25.5
Never smoked	43.0	39.8
Heavy Drinker ⁵	5.0	5.7
Binge drinker ⁶	5.5	98.1
Had checkup in past year	89.4	82.9
Tested for HIV / AIDS ⁷	23.9	26.5
Had mammogram ⁸	95.3	100.0
Had pap test ⁸	92.6	100.0
Immunization		
Influenza	59.7	63.7
Pneumonia	55.5	42.6
Hepatitis B	13.3	9.7
Has personal doctor	91.6	94.7
Any health coverage	94.3	8.5
Could not see a doctor because of cost	6.4	14.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 8: Demographic and health behavior characteristics among persons age 60 and older, Florida and Charlotte County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Charlotte County (n=287)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.1
65-69	20.8	20.6
70-74	18.5	18.7
75-79	17.1	19.5
80-84	12.9	13.5
85+	7.1	7.7
Gender		
Female	55.3	52.0
Race/ethnicity		
White, non-Hispanic	82.9	95.3
Black, non-Hispanic	5.1	0.4
Hispanic	9.2	1.6
Other, non-Hispanic	2.9	2.7
Education		
<High school	11.4	4.2
High school	30.8	36.5
Some college	26.6	30.1
College	31.2	29.1
Annual Household Income		
\$19,999 or less	14.8	9.8
\$20,000 - \$24,999	11.5	12.2
\$25,000 - \$34,999	12.8	18.6
\$35,000 - \$49,999	15.0	13.8
\$50,000 or more	27.1	25.1
Missing	18.9	20.6
Veteran Status		
Severed on active duty	28.2	32.2
Marital Status		
Married	59.9	67.7
Divorced	11.3	7.5
Widowed	23.2	20.8
Separated	1.6	0.7
Never married	3.2	2.1
Unmarried couple	0.8	1.2
Has children under 18 years old in household	5.3	3.0
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	81.8
Emotional support		
Always or usually receive support needed	78.0	79.2
General life satisfaction		
Very satisfied or satisfied	95.3	95.3
Limited Activities¹		
Special Equipment ²	15.1	11.7
Person with disability ³	31.7	29.1

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.6
Normal weight	34.3	36.1
Overweight	40.7	42.8
Obese	22.8	18.5
Told by a health professional that you have:		
Arthritis	46.0	45.6
Asthma	9.7	7.6
Diabetes	18.3	18.5
High blood pressure	52.6	50.1
High cholesterol	50.6	51.5
Heart attack	12.8	10.6
Coronary heart disease	12.2	11.7
Stroke	6.9	6.0
Health Behavior		
Participation in physical activity or any exercise	69.5	78.0
Fruit and vegetable consumption 5 or more serving per day	27.8	26.7
Taking action to control blood pressure ⁴	96.7	92.0
Smoking status		
Smokes everyday	9.3	11.2
Smokes some days	2.3	3.7
Former smoker	45.4	45.4
Never smoked	43.0	39.7
Heavy Drinker ⁵	5.0	6.9
Binge drinker ⁶	5.5	92.5
Had checkup in past year	89.4	87.2
Tested for HIV / AIDS ⁷	23.9	13.1
Had mammogram ⁸	95.3	96.5
Had pap test ⁸	92.6	94.9
Immunization		
Influenza	59.7	65.2
Pneumonia	55.5	58.8
Hepatitis B	13.3	9.8
Has personal doctor	91.6	92.7
Any health coverage	94.3	96.2
Could not see a doctor because of cost	6.4	6.0

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 9: Demographic and health behavior characteristics among persons age 60 and older, Florida and Citrus County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Citrus County (n=322)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.2
65-69	20.8	24.0
70-74	18.5	17.2
75-79	17.1	19.2
80-84	12.9	13.1
85+	7.1	6.4
Gender		
Female	55.3	52.4
Race/ethnicity		
White, non-Hispanic	82.9	91.1
Black, non-Hispanic	5.1	1.4
Hispanic	9.2	4.0
Other, non-Hispanic	2.9	3.6
Education		
<High school	11.4	12.5
High school	30.8	36.8
Some college	26.6	26.6
College	31.2	24.1
Annual Household Income		
\$19,999 or less	14.8	18.2
\$20,000 - \$24,999	11.5	13.2
\$25,000 - \$34,999	12.8	15.2
\$35,000 - \$49,999	15.0	14.4
\$50,000 or more	27.1	20.2
Missing	18.9	18.8
Veteran Status		
Severed on active duty	28.2	34.7
Marital Status		
Married	59.9	70.9
Divorced	11.3	7.5
Widowed	23.2	20.0
Separated	1.6	0.8
Never married	3.2	0.5
Unmarried couple	0.8	0.2
Has children under 18 years old in household	5.3	4.0
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	78.6
Emotional support		
Always or usually receive support needed	78.0	78.3
General life satisfaction		
Very satisfied or satisfied	95.3	95.4
Limited Activities¹		
	28.0	28.4
Special Equipment²		
	15.1	13.9
Person with disability³		
	31.7	32.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.8
Normal weight	34.3	30.5
Overweight	40.7	42.7
Obese	22.8	26.0
Told by a health professional that you have:		
Arthritis	46.0	53.1
Asthma	9.7	14.4
Diabetes	18.3	18.2
High blood pressure	52.6	54.8
High cholesterol	50.6	56.4
Heart attack	12.8	18.7
Coronary heart disease	12.2	12.1
Stroke	6.9	5.8
Health Behavior		
Participation in physical activity or any exercise	69.5	70.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.1
Taking action to control blood pressure ⁴	96.7	97.8
Smoking status		
Smokes everyday	9.3	11.5
Smokes some days	2.3	1.9
Former smoker	45.4	52.6
Never smoked	43.0	34.1
Heavy Drinker ⁵	5.0	6.8
Binge drinker ⁶	5.5	4.7
Had checkup in past year	89.4	85.4
Tested for HIV / AIDS ⁷	23.9	22.0
Had mammogram ⁸	95.3	95.3
Had pap test ⁸	92.6	92.1
Immunization		
Influenza	59.7	61.6
Pneumonia	55.5	63.6
Hepatitis B	13.3	14.3
Has personal doctor	91.6	89.2
Any health coverage	94.3	94.9
Could not see a doctor because of cost	6.4	3.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 10: Demographic and health behavior characteristics among persons age 60 and older, Florida and Clay County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Clay County (n=167)
	Percent	Percent
Demographics		
Age		
60-64	23.7	34.6
65-69	20.8	18.3
70-74	18.5	22.2
75-79	17.1	13.1
80-84	12.9	6.9
85+	7.1	4.9
Gender		
Female	55.3	50.0
Race/ethnicity		
White, non-Hispanic	82.9	91.3
Black, non-Hispanic	5.1	2.6
Hispanic	9.2	0.3
Other, non-Hispanic	2.9	5.8
Education		
<High school	11.4	13.0
High school	30.8	34.1
Some college	26.6	27.4
College	31.2	25.5
Annual Household Income		
\$19,999 or less	14.8	11.4
\$20,000 - \$24,999	11.5	11.5
\$25,000 - \$34,999	12.8	7.5
\$35,000 - \$49,999	15.0	19.8
\$50,000 or more	27.1	31.9
Missing	18.9	17.9
Veteran Status		
Severed on active duty	28.2	40.5
Marital Status		
Married	59.9	7.4
Divorced	11.3	9.4
Widowed	23.2	13.7
Separated	1.6	0.6
Never married	3.2	2.4
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	4.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	73.0
Emotional support		
Always or usually receive support needed	78.0	81.3
General life satisfaction		
Very satisfied or satisfied	95.3	95.8
Limited Activities¹		
	28.0	28.1
Special Equipment²		
	15.1	14.7
Person with disability³		
	31.7	32.1

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.4
Normal weight	34.3	30.0
Overweight	40.7	45.2
Obese	22.8	24.4
Told by a health professional that you have:		
Arthritis	46.0	45.9
Asthma	9.7	86.8
Diabetes	18.3	21.6
High blood pressure	52.6	54.4
High cholesterol	50.6	54.3
Heart attack	12.8	14.8
Coronary heart disease	12.2	15.5
Stroke	6.9	7.8
Health Behavior		
Participation in physical activity or any exercise	69.5	63.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	2.3
Taking action to control blood pressure ⁴	96.7	97.7
Smoking status		
Smokes everyday	9.3	5.5
Smokes some days	2.3	0.2
Former smoker	45.4	43.9
Never smoked	43.0	48.5
Heavy Drinker ⁵	5.0	6.1
Binge drinker ⁶	5.5	5.4
Had checkup in past year	89.4	75.4
Tested for HIV / AIDS ⁷	23.9	19.3
Had mammogram ⁸	95.3	96.0
Had pap test ⁸	92.6	94.9
Immunization		
Influenza	59.7	54.6
Pneumonia	55.5	53.9
Hepatitis B	13.3	12.8
Has personal doctor	91.6	96.7
Any health coverage	94.3	97.3
Could not see a doctor because of cost	6.4	9.1

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 11: Demographic and health behavior characteristics among persons age 60 and older, Florida and Collier County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Collier County (n=351)
	Percent	Percent
Demographics		
Age		
60-64	23.7	21.6
65-69	20.8	22.9
70-74	18.5	17.8
75-79	17.1	20.7
80-84	12.9	9.9
85+	7.1	7.2
Gender		
Female	55.3	51.1
Race/ethnicity		
White, non-Hispanic	82.9	93.9
Black, non-Hispanic	5.1	1.8
Hispanic	9.2	2.8
Other, non-Hispanic	2.9	1.6
Education		
<High school	11.4	5.2
High school	30.8	18.6
Some college	26.6	21.6
College	31.2	54.7
Annual Household Income		
\$19,999 or less	14.8	6.7
\$20,000 - \$24,999	11.5	10.2
\$25,000 - \$34,999	12.8	12.7
\$35,000 - \$49,999	15.0	10.9
\$50,000 or more	27.1	45.0
Missing	18.9	14.5
Veteran Status		
Severed on active duty	28.2	29.6
Marital Status		
Married	59.9	65.7
Divorced	11.3	5.6
Widowed	23.2	22.6
Separated	1.6	0.7
Never married	3.2	2.1
Unmarried couple	0.8	3.0
Has children under 18 years old in household	5.3	5.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	81.3
Emotional support		
Always or usually receive support needed	78.0	84.8
General life satisfaction		
Very satisfied or satisfied	95.3	97.0
Limited Activities¹		
	28.0	30.1
Special Equipment²		
	15.1	15.7
Person with disability³		
	31.7	34.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.2
Normal weight	34.3	35.4
Overweight	40.7	42.5
Obese	22.8	19.9
Told by a health professional that you have:		
Arthritis	46.0	46.7
Asthma	9.7	6.9
Diabetes	18.3	15.2
High blood pressure	52.6	51.2
High cholesterol	50.6	42.4
Heart attack	12.8	11.3
Coronary heart disease	12.2	11.4
Stroke	6.9	8.5
Health Behavior		
Participation in physical activity or any exercise	69.5	80.3
Fruit and vegetable consumption		
5 or more serving per day	27.8	32.4
Taking action to control blood pressure ⁴	96.7	97.0
Smoking status		
Smokes everyday	9.3	5.9
Smokes some days	2.3	1.6
Former smoker	45.4	54.8
Never smoked	43.0	37.7
Heavy Drinker ⁵	5.0	10.7
Binge drinker ⁶	5.5	9.0
Had checkup in past year	89.4	89.5
Tested for HIV / AIDS ⁷	23.9	18.8
Had mammogram ⁸	95.3	95.6
Had pap test ⁸	92.6	88.6
Immunization		
Influenza	59.7	69.0
Pneumonia	55.5	63.9
Hepatitis B	13.3	19.3
Has personal doctor	91.6	87.0
Any health coverage	94.3	96.1
Could not see a doctor because of cost	6.4	4.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 12: Demographic and health behavior characteristics among persons age 60 and older, Florida and Columbia County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Collier County (n=217)
	Percent	Percent
Demographics		
Age		
60-64	23.7	18.5
65-69	20.8	26.6
70-74	18.5	16.1
75-79	17.1	15.6
80-84	12.9	9.9
85+	7.1	6.0
Gender		
Female	55.3	50.1
Race/ethnicity		
White, non-Hispanic	82.9	88.3
Black, non-Hispanic	5.1	8.2
Hispanic	9.2	2.3
Other, non-Hispanic	2.9	1.1
Education		
<High school	11.4	22.0
High school	30.8	34.3
Some college	26.6	21.7
College	31.2	21.9
Annual Household Income		
\$19,999 or less	14.8	23.0
\$20,000 - \$24,999	11.5	10.8
\$25,000 - \$34,999	12.8	17.0
\$35,000 - \$49,999	15.0	11.6
\$50,000 or more	27.1	21.9
Missing	18.9	15.7
Veteran Status		
Severed on active duty	28.2	38.1
Marital Status		
Married	59.9	60.5
Divorced	11.3	10.1
Widowed	23.2	24.6
Separated	1.6	1.5
Never married	3.2	1.6
Unmarried couple	0.8	1.7
Has children under 18 years old in household	5.3	6.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	75.0
Emotional support		
Always or usually receive support needed	78.0	82.0
General life satisfaction		
Very satisfied or satisfied	95.3	97.0
Limited Activities¹		
Special Equipment ²	15.1	18.9
Person with disability ³	31.7	40.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.2
Normal weight	34.3	22.9
Overweight	40.7	41.2
Obese	22.8	35.6
Told by a health professional that you have:		
Arthritis	46.0	48.8
Asthma	9.7	10.8
Diabetes	18.3	19.5
High blood pressure	52.6	58.6
High cholesterol	50.6	46.9
Heart attack	12.8	15.2
Coronary heart disease	12.2	10.1
Stroke	6.9	8.5
Health Behavior		
Participation in physical activity or any exercise	69.5	66.0
Fruit and vegetable consumption		
5 or more serving per day	27.8	29.3
Taking action to control blood pressure ⁴	96.7	97.0
Smoking status		
Smokes everyday	9.3	10.1
Smokes some days	2.3	5.8
Former smoker	45.4	35.7
Never smoked	43.0	48.3
Heavy Drinker ⁵	5.0	2.5
Binge drinker ⁶	5.5	2.5
Had checkup in past year	89.4	90.6
Tested for HIV / AIDS ⁷	23.9	25.6
Had mammogram ⁸	95.3	97.0
Had pap test ⁸	92.6	97.4
Immunization		
Influenza	59.7	59.8
Pneumonia	55.5	56.2
Hepatitis B	13.3	14.0
Has personal doctor	91.6	96.3
Any health coverage	94.3	94.8
Could not see a doctor because of cost	6.4	6.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 13: Demographic and health behavior characteristics among persons age 60 and older, Florida and DeSoto County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	DeSoto County (n=333)
	Percent	Percent
Demographics		
Age		
60-64	23.7	27.2
65-69	20.8	21.1
70-74	18.5	16.8
75-79	17.1	19.5
80-84	12.9	12.6
85+	7.1	2.8
Gender		
Female	55.3	52.8
Race/ethnicity		
White, non-Hispanic	82.9	89.6
Black, non-Hispanic	5.1	3.4
Hispanic	9.2	5.5
Other, non-Hispanic	2.9	1.4
Education		
<High school	11.4	11.1
High school	30.8	32.7
Some college	26.6	24.1
College	31.2	32.1
Annual Household Income		
\$19,999 or less	14.8	17.6
\$20,000 - \$24,999	11.5	12.3
\$25,000 - \$34,999	12.8	14.5
\$35,000 - \$49,999	15.0	9.9
\$50,000 or more	27.1	33.3
Missing	18.9	12.5
Veteran Status		
Severed on active duty	28.2	34.4
Marital Status		
Married	59.9	63.8
Divorced	11.3	8.1
Widowed	23.2	16.8
Separated	1.6	0.1
Never married	3.2	10.9
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	7.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	65.6
Emotional support		
Always or usually receive support needed	78.0	82.0
General life satisfaction		
Very satisfied or satisfied	95.3	82.0
Limited Activities¹		
Special Equipment ²	15.1	19.6
Person with disability ³	31.7	31.6

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.1
Normal weight	34.3	19.3
Overweight	40.7	56.9
Obese	22.8	22.8
Told by a health professional that you have:		
Arthritis	46.0	52.2
Asthma	9.7	25.6
Diabetes	18.3	22.6
High blood pressure	52.6	51.9
High cholesterol	50.6	61.5
Heart attack	12.8	6.6
Coronary heart disease	12.2	12.9
Stroke	6.9	5.2
Health Behavior		
Participation in physical activity or any exercise	69.5	78.7
Fruit and vegetable consumption 5 or more serving per day	27.8	33.6
Taking action to control blood pressure ⁴	96.7	98.4
Smoking status		
Smokes everyday	9.3	6.8
Smokes some days	2.3	6.7
Former smoker	45.4	48.2
Never smoked	43.0	38.3
Heavy Drinker ⁵	5.0	4.2
Binge drinker ⁶	5.5	7.2
Had checkup in past year	89.4	91.1
Tested for HIV / AIDS ⁷	23.9	56.0
Had mammogram ⁸	95.3	95.3
Had pap test ⁸	92.6	95.0
Immunization		
Influenza	59.7	64.0
Pneumonia	55.5	61.1
Hepatitis B	13.3	3.4
Has personal doctor	91.6	87.8
Any health coverage	94.3	92.1
Could not see a doctor because of cost	6.4	97.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 14: Demographic and health behavior characteristics among persons age 60 and older, Florida and Dixie County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Dixie County (n=213)
	Percent	Percent
Demographics		
Age		
60-64	23.7	21.3
65-69	20.8	26.1
70-74	18.5	17.8
75-79	17.1	10.6
80-84	12.9	22.5
85+	7.1	1.5
Gender		
Female	55.3	55.7
Race/ethnicity		
White, non-Hispanic	82.9	91.9
Black, non-Hispanic	5.1	0.5
Hispanic	9.2	1.0
Other, non-Hispanic	2.9	6.6
Education		
<High school	11.4	13.4
High school	30.8	39.0
Some college	26.6	30.2
College	31.2	17.5
Annual Household Income		
\$19,999 or less	14.8	25.1
\$20,000 - \$24,999	11.5	22.6
\$25,000 - \$34,999	12.8	10.7
\$35,000 - \$49,999	15.0	9.2
\$50,000 or more	27.1	21.3
Missing	18.9	11.2
Veteran Status		
Severed on active duty	28.2	35.5
Marital Status		
Married	59.9	53.6
Divorced	11.3	15.1
Widowed	23.2	28.3
Separated	1.6	0.9
Never married	3.2	1.6
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	7.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	74.3
Emotional support		
Always or usually receive support needed	78.0	80.3
General life satisfaction		
Very satisfied or satisfied	95.3	96.4
Limited Activities¹		
Special Equipment ²	15.1	13.2
Person with disability ³	31.7	35.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.2
Normal weight	34.3	34.3
Overweight	40.7	35.5
Obese	22.8	28.0
Told by a health professional that you have:		
Arthritis	46.0	45.4
Asthma	9.7	14.3
Diabetes	18.3	11.7
High blood pressure	52.6	42.8
High cholesterol	50.6	43.9
Heart attack	12.8	8.8
Coronary heart disease	12.2	9.3
Stroke	6.9	7.2
Health Behavior		
Participation in physical activity or any exercise	69.5	68.3
Fruit and vegetable consumption 5 or more serving per day	27.8	24.3
Taking action to control blood pressure ⁴	96.7	96.8
Smoking status		
Smokes everyday	9.3	16.1
Smokes some days	2.3	2.6
Former smoker	45.4	45.1
Never smoked	43.0	36.2
Heavy Drinker ⁵	5.0	3.8
Binge drinker ⁶	5.5	4.8
Had checkup in past year	89.4	84.1
Tested for HIV / AIDS ⁷	23.9	30.9
Had mammogram ⁸	95.3	91.1
Had pap test ⁸	92.6	91.8
Immunization		
Influenza	59.7	57.2
Pneumonia	55.5	57.3
Hepatitis B	13.3	16.5
Has personal doctor	91.6	88.1
Any health coverage	94.3	96.2
Could not see a doctor because of cost	6.4	5.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 15: Demographic and health behavior characteristics among persons age 60 and older, Florida and Duval County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Duval County (n=474)
	Percent	Percent
Demographics		
Age		
60-64	23.7	32.6
65-69	20.8	24.1
70-74	18.5	15.5
75-79	17.1	12.8
80-84	12.9	11.5
85+	7.1	3.6
Gender		
Female	55.3	56.0
Race/ethnicity		
White, non-Hispanic	82.9	75.6
Black, non-Hispanic	5.1	13.9
Hispanic	9.2	4.6
Other, non-Hispanic	2.9	6.0
Education		
<High school	11.4	13.9
High school	30.8	30.2
Some college	26.6	25.5
College	31.2	30.4
Annual Household Income		
\$19,999 or less	14.8	19.2
\$20,000 - \$24,999	11.5	9.9
\$25,000 - \$34,999	12.8	10.7
\$35,000 - \$49,999	15.0	15.2
\$50,000 or more	27.1	27.4
Missing	18.9	17.5
Veteran Status		
Severed on active duty	28.2	30.4
Marital Status		
Married	59.9	55.7
Divorced	11.3	13.6
Widowed	23.2	25.5
Separated	1.6	0.7
Never married	3.2	4.0
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	8.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	72.9
Emotional support		
Always or usually receive support needed	78.0	78.3
General life satisfaction		
Very satisfied or satisfied	95.3	96.7
Limited Activities¹		
	28.0	30.5
Special Equipment²		
	15.1	17.0
Person with disability	31.7	34.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.9
Normal weight	34.3	28.4
Overweight	40.7	40.7
Obese	22.8	30.1
Told by a health professional that you have:		
Arthritis	46.0	46.9
Asthma	9.7	10.8
Diabetes	18.3	23.2
High blood pressure	52.6	61.4
High cholesterol	50.6	54.4
Heart attack	12.8	16.0
Coronary heart disease	12.2	13.4
Stroke	6.9	7.2
Health Behavior		
Participation in physical activity or any exercise	69.5	66.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	25.4
Taking action to control blood pressure ⁴	96.7	96.4
Smoking status		
Smokes everyday	9.3	7.9
Smokes some days	2.3	2.1
Former smoker	45.4	44.3
Never smoked	43.0	45.7
Heavy Drinker ⁵	5.0	5.3
Binge drinker ⁶	5.5	5.5
Had checkup in past year	89.4	89.0
Tested for HIV / AIDS ⁷	23.9	21.9
Had mammogram ⁸	95.3	96.5
Had pap test ⁸	92.6	95.1
Immunization		
Influenza	59.7	60.0
Pneumonia	55.5	53.8
Hepatitis B	13.3	10.0
Has personal doctor	91.6	5.2
Any health coverage	94.3	95.4
Could not see a doctor because of cost	6.4	8.5

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 16: Demographic and health behavior characteristics among persons age 60 and older, Florida and Escambia County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Escambia County (n=173)
	Percent	Percent
Demographics		
Age		
60-64	23.7	24.2
65-69	20.8	28.9
70-74	18.5	16.1
75-79	17.1	11.5
80-84	12.9	11.0
85+	7.1	8.3
Gender		
Female	55.3	58.1
Race/ethnicity		
White, non-Hispanic	82.9	83.1
Black, non-Hispanic	5.1	11.1
Hispanic	9.2	3.6
Other, non-Hispanic	2.9	2.2
Education		
<High school	11.4	15.2
High school	30.8	24.9
Some college	26.6	28.0
College	31.2	31.8
Annual Household Income		
\$19,999 or less	14.8	18.6
\$20,000 - \$24,999	11.5	12.0
\$25,000 - \$34,999	12.8	13.4
\$35,000 - \$49,999	15.0	12.6
\$50,000 or more	27.1	33.4
Missing	18.9	10.1
Veteran Status		
Severed on active duty	28.2	37.1
Marital Status		
Married	59.9	59.2
Divorced	11.3	12.5
Widowed	23.2	25.8
Separated	1.6	1.0
Never married	3.2	1.6
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	7.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	77.6
Emotional support		
Always or usually receive support needed	78.0	82.5
General life satisfaction		
Very satisfied or satisfied	95.3	97.6
Limited Activities¹		
Special Equipment ²	15.1	17.2
Person with disability ³	31.7	31.6

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.6
Normal weight	34.3	33.0
Overweight	40.7	37.6
Obese	22.8	27.9
Told by a health professional that you have:		
Arthritis	46.0	53.3
Asthma	9.7	11.1
Diabetes	18.3	20.0
High blood pressure	52.6	59.0
High cholesterol	50.6	53.3
Heart attack	12.8	11.1
Coronary heart disease	12.2	11.2
Stroke	6.9	7.9
Health Behavior		
Participation in physical activity or any exercise	69.5	66.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.2
Taking action to control blood pressure ⁴	96.7	98.6
Smoking status		
Smokes everyday	9.3	10.4
Smokes some days	2.3	1.1
Former smoker	45.4	38.1
Never smoked	43.0	50.5
Heavy Drinker ⁵	5.0	5.4
Binge drinker ⁶	5.5	3.2
Had checkup in past year	89.4	88.8
Tested for HIV / AIDS ⁷	23.9	28.2
Had mammogram ⁸	95.3	96.1
Had pap test ⁸	92.6	97.9
Immunization		
Influenza	59.7	55.0
Pneumonia	55.5	57.4
Hepatitis B	13.3	11.6
Has personal doctor	91.6	96.1
Any health coverage	94.3	96.5
Could not see a doctor because of cost	6.4	4.0

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 17: Demographic and health behavior characteristics among persons age 60 and older, Florida and Flagler County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Flagler County (n=266)
	Percent	Percent
Demographics		
Age		
60-64	23.7	22.1
65-69	20.8	22.9
70-74	18.5	18.8
75-79	17.1	14.3
80-84	12.9	16.2
85+	7.1	5.8
Gender		
Female	55.3	53.5
Race/ethnicity		
White, non-Hispanic	82.9	86.1
Black, non-Hispanic	5.1	6.7
Hispanic	9.2	3.3
Other, non-Hispanic	2.9	3.9
Education		
<High school	11.4	6.6
High school	30.8	30.4
Some college	26.6	28.6
College	31.2	34.4
Annual Household Income		
\$19,999 or less	14.8	11.2
\$20,000 - \$24,999	11.5	9.5
\$25,000 - \$34,999	12.8	12.6
\$35,000 - \$49,999	15.0	17.4
\$50,000 or more	27.1	29.6
Missing	18.9	19.7
Veteran Status		
Severed on active duty	28.2	29.4
Marital Status		
Married	59.9	64.9
Divorced	11.3	5.5
Widowed	23.2	26.1
Separated	1.6	2.4
Never married	3.2	1.1
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	4.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	84.1
Emotional support		
Always or usually receive support needed	78.0	84.1
General life satisfaction		
Very satisfied or satisfied	95.3	90.2
Limited Activities¹		
	28.0	29.0
Special Equipment²		
	15.1	9.5
Person with disability³		
	31.7	31.1

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.5
Normal weight	34.3	35.4
Overweight	40.7	42.4
Obese	22.8	20.7
Told by a health professional that you have:		
Arthritis	46.0	47.9
Asthma	9.7	7.8
Diabetes	18.3	13.5
High blood pressure	52.6	54.2
High cholesterol	50.6	54.9
Heart attack	12.8	10.3
Coronary heart disease	12.2	9.7
Stroke	6.9	4.0
Health Behavior		
Participation in physical activity or any exercise	69.5	68.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	33.4
Taking action to control blood pressure ⁴	96.7	97.2
Smoking status		
Smokes everyday	9.3	9.5
Smokes some days	2.3	1.8
Former smoker	45.4	50.4
Never smoked	43.0	38.3
Heavy Drinker ⁵	5.0	11.4
Binge drinker ⁶	5.5	7.9
Had checkup in past year	89.4	90.4
Tested for HIV / AIDS ⁷	23.9	11.4
Had mammogram ⁸	95.3	98.3
Had pap test ⁸	92.6	93.2
Immunization		
Influenza	59.7	63.5
Pneumonia	55.5	59.3
Hepatitis B	13.3	11.6
Has personal doctor	91.6	93.0
Any health coverage	94.3	94.7
Could not see a doctor because of cost	6.4	8.0

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 18: Demographic and health behavior characteristics among persons age 60 and older, Florida and Franklin County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Franklin County (n=213)
	Percent	Percent
Demographics		
Age		
60-64	23.7	36.4
65-69	20.8	19.6
70-74	18.5	19.5
75-79	17.1	12.7
80-84	12.9	7.6
85+	7.1	4.2
Gender		
Female	55.3	54.3
Race/ethnicity		
White, non-Hispanic	82.9	91.8
Black, non-Hispanic	5.1	4.2
Hispanic	9.2	0.7
Other, non-Hispanic	2.9	3.3
Education		
<High school	11.4	13.8
High school	30.8	26.2
Some college	26.6	24.1
College	31.2	35.9
Annual Household Income		
\$19,999 or less	14.8	16.3
\$20,000 - \$24,999	11.5	6.3
\$25,000 - \$34,999	12.8	8.7
\$35,000 - \$49,999	15.0	5.0
\$50,000 or more	27.1	47.1
Missing	18.9	16.7
Veteran Status		
Severed on active duty	28.2	29.9
Marital Status		
Married	59.9	74.2
Divorced	11.3	8.1
Widowed	23.2	15.0
Separated	1.6	1.0
Never married	3.2	0.9
Unmarried couple	0.8	0.7
Has children under 18 years old in household	5.3	3.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	75.4
Emotional support		
Always or usually receive support needed	78.0	77.7
General life satisfaction		
Very satisfied or satisfied	95.3	96.2
Limited Activities¹		
	28.0	29.0
Special Equipment²		
	15.1	14.4
Person with disability³		
	31.7	32.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.9
Normal weight	34.3	38.7
Overweight	40.7	41.3
Obese	22.8	18.1
Told by a health professional that you have:		
Arthritis	46.0	44.3
Asthma	9.7	7.5
Diabetes	18.3	28.1
High blood pressure	52.6	44.3
High cholesterol	50.6	46.8
Heart attack	12.8	12.8
Coronary heart disease	12.2	12.3
Stroke	6.9	6.0
Health Behavior		
Participation in physical activity or any exercise	69.5	60.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	41.4
Taking action to control blood pressure ⁴	96.7	96.4
Smoking status		
Smokes everyday	9.3	11.1
Smokes some days	2.3	1.9
Former smoker	45.4	37.3
Never smoked	43.0	49.7
Heavy Drinker ⁵	5.0	6.1
Binge drinker ⁶	5.5	9.8
Had checkup in past year	89.4	87.5
Tested for HIV / AIDS ⁷	23.9	19.3
Had mammogram ⁸	95.3	95.4
Had pap test ⁸	92.6	96.1
Immunization		
Influenza	59.7	66.9
Pneumonia	55.5	53.8
Hepatitis B	13.3	18.8
Has personal doctor	91.6	90.4
Any health coverage	94.3	92.4
Could not see a doctor because of cost	6.4	7.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 19: Demographic and health behavior characteristics among persons age 60 and older, Florida and Gadsden County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Gadsden County (n=164)
	Percent	Percent
Demographics		
Age		
60-64	23.7	27.4
65-69	20.8	22.9
70-74	18.5	19.3
75-79	17.1	18.4
80-84	12.9	8.0
85+	7.1	3.9
Gender		
Female	55.3	56.6
Race/ethnicity		
White, non-Hispanic	82.9	64.1
Black, non-Hispanic	5.1	29.7
Hispanic	9.2	3.9
Other, non-Hispanic	2.9	2.3
Education		
<High school	11.4	22.6
High school	30.8	27.0
Some college	26.6	26.6
College	31.2	23.8
Annual Household Income		
\$19,999 or less	14.8	16.6
\$20,000 - \$24,999	11.5	12.0
\$25,000 - \$34,999	12.8	12.7
\$35,000 - \$49,999	15.0	10.6
\$50,000 or more	27.1	27.8
Missing	18.9	20.3
Veteran Status		
Severed on active duty	28.2	25.9
Marital Status		
Married	59.9	58.9
Divorced	11.3	13.6
Widowed	23.2	22.9
Separated	1.6	1.9
Never married	3.2	2.8
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	10.2
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	74.2
Emotional support		
Always or usually receive support needed	78.0	78.8
General life satisfaction		
Very satisfied or satisfied	95.3	96.1
Limited Activities¹		
Special Equipment ²	15.1	13.1
Person with disability ³	31.7	37.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.3
Normal weight	34.3	33.2
Overweight	40.7	40.7
Obese	22.8	23.8
Told by a health professional that you have:		
Arthritis	46.0	49.4
Asthma	9.7	9.6
Diabetes	18.3	27.4
High blood pressure	52.6	53.2
High cholesterol	50.6	53.4
Heart attack	12.8	91.5
Coronary heart disease	12.2	10.6
Stroke	6.9	6.4
Health Behavior		
Participation in physical activity or any exercise	69.5	67.3
Fruit and vegetable consumption		
5 or more serving per day	27.8	25.7
Taking action to control blood pressure ⁴	96.7	98.5
Smoking status		
Smokes everyday	9.3	11.1
Smokes some days	2.3	1.7
Former smoker	45.4	33.2
Never smoked	43.0	54.0
Heavy Drinker ⁵	5.0	2.6
Binge drinker ⁶	5.5	3.5
Had checkup in past year	89.4	88.8
Tested for HIV / AIDS ⁷	23.9	32.4
Had mammogram ⁸	95.3	98.3
Had pap test ⁸	92.6	94.0
Immunization		
Influenza	59.7	66.0
Pneumonia	55.5	59.5
Hepatitis B	13.3	16.4
Has personal doctor	91.6	93.2
Any health coverage	94.3	95.0
Could not see a doctor because of cost	6.4	10.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 20: Demographic and health behavior characteristics among persons age 60 and older, Florida and Gilchrist County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Gilchrist County (n=155)
	Percent	Percent
Demographics		
Age		
60-64	23.7	26.3
65-69	20.8	21.9
70-74	18.5	22.7
75-79	17.1	12.3
80-84	12.9	3.7
85+	7.1	13.0
Gender		
Female	55.3	53.9
Race/ethnicity		
White, non-Hispanic	82.9	85.4
Black, non-Hispanic	5.1	1.6
Hispanic	9.2	0.0
Other, non-Hispanic	2.9	12.5
Education		
<High school	11.4	8.6
High school	30.8	38.2
Some college	26.6	36.9
College	31.2	16.3
Annual Household Income		
\$19,999 or less	14.8	22.3
\$20,000 - \$24,999	11.5	18.1
\$25,000 - \$34,999	12.8	9.5
\$35,000 - \$49,999	15.0	19.9
\$50,000 or more	27.1	12.4
Missing	18.9	17.8
Veteran Status		
Severed on active duty	28.2	39.9
Marital Status		
Married	59.9	55.2
Divorced	11.3	10.4
Widowed	23.2	32.3
Separated	1.6	1.5
Never married	3.2	0.3
Unmarried couple	0.8	0.3
Has children under 18 years old in household	5.3	10.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	72.2
Emotional support		
Always or usually receive support needed	78.0	76.1
General life satisfaction		
Very satisfied or satisfied	95.3	92.3
Limited Activities¹		
Special Equipment ²	15.1	19.9
Person with disability ³	31.7	35.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.5
Normal weight	34.3	34.9
Overweight	40.7	31.1
Obese	22.8	33.5
Told by a health professional that you have:		
Arthritis	46.0	39.1
Asthma	9.7	4.6
Diabetes	18.3	18.3
High blood pressure	52.6	72.7
High cholesterol	50.6	55.4
Heart attack	12.8	15.7
Coronary heart disease	12.2	13.0
Stroke	6.9	3.4
Health Behavior		
Participation in physical activity or any exercise	69.5	68.8
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.5
Taking action to control blood pressure ⁴	96.7	100.0
Smoking status		
Smokes everyday	9.3	9.4
Smokes some days	2.3	2.4
Former smoker	45.4	42.9
Never smoked	43.0	45.3
Heavy Drinker ⁵	5.0	1.9
Binge drinker ⁶	5.5	1.5
Had checkup in past year	89.4	84.3
Tested for HIV / AIDS ⁷	23.9	33.3
Had mammogram ⁸	95.3	92.3
Had pap test ⁸	92.6	98.4
Immunization		
Influenza	59.7	60.3
Pneumonia	55.5	60.7
Hepatitis B	13.3	13.2
Has personal doctor	91.6	91.5
Any health coverage	94.3	96.6
Could not see a doctor because of cost	6.4	11.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 21: Demographic and health behavior characteristics among persons age 60 and older, Florida and Glades County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Glades County (n=338)
	Percent	Percent
Demographics		
Age		
60-64	23.7	21.3
65-69	20.8	21.0
70-74	18.5	23.1
75-79	17.1	11.4
80-84	12.9	18.2
85+	7.1	5.0
Gender		
Female	55.3	49.5
Race/ethnicity		
White, non-Hispanic	82.9	71.3
Black, non-Hispanic	5.1	2.0
Hispanic	9.2	25.8
Other, non-Hispanic	2.9	0.9
Education		
<High school	11.4	17.6
High school	30.8	34.0
Some college	26.6	23.0
College	31.2	25.4
Annual Household Income		
\$19,999 or less	14.8	11.4
\$20,000 - \$24,999	11.5	22.7
\$25,000 - \$34,999	12.8	14.6
\$35,000 - \$49,999	15.0	14.1
\$50,000 or more	27.1	15.0
Missing	18.9	22.1
Veteran Status		
Severed on active duty	28.2	28.2
Marital Status		
Married	59.9	73.2
Divorced	11.3	5.1
Widowed	23.2	19.5
Separated	1.6	0.5
Never married	3.2	0.7
Unmarried couple	0.8	1.0
Has children under 18 years old in household	5.3	5.3
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	64.0
Emotional support		
Always or usually receive support needed	78.0	66.7
General life satisfaction		
Very satisfied or satisfied	95.3	98.4
Limited Activities¹		
Special Equipment ²	15.1	20.3
Person with disability ³	31.7	44.0

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.1
Normal weight	34.3	46.9
Overweight	40.7	31.7
Obese	22.8	19.3
Told by a health professional that you have:		
Arthritis	46.0	46.1
Asthma	9.7	11.6
Diabetes	18.3	23.9
High blood pressure	52.6	44.1
High cholesterol	50.6	67.5
Heart attack	12.8	16.6
Coronary heart disease	12.2	14.9
Stroke	6.9	6.6
Health Behavior		
Participation in physical activity or any exercise	69.5	52.7
Fruit and vegetable consumption 5 or more serving per day	27.8	37.2
Taking action to control blood pressure ⁴	96.7	95.2
Smoking status		
Smokes everyday	9.3	11.2
Smokes some days	2.3	3.2
Former smoker	45.4	42.0
Never smoked	43.0	43.6
Heavy Drinker ⁵	5.0	10.7
Binge drinker ⁶	5.5	8.9
Had checkup in past year	89.4	91.6
Tested for HIV / AIDS ⁷	23.9	9.1
Had mammogram ⁸	95.3	94.3
Had pap test ⁸	92.6	87.8
Immunization		
Influenza	59.7	59.4
Pneumonia	55.5	58.9
Hepatitis B	13.3	14.2
Has personal doctor	91.6	90.1
Any health coverage	94.3	97.4
Could not see a doctor because of cost	6.4	8.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 22: Demographic and health behavior characteristics among persons age 60 and older, Florida and Gulf County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Gulf County (n=231)
	Percent	Percent
Demographics		
Age		
60-64	23.7	31.5
65-69	20.8	22.0
70-74	18.5	12.8
75-79	17.1	19.5
80-84	12.9	8.4
85+	7.1	5.8
Gender		
Female	55.3	63.9
Race/ethnicity		
White, non-Hispanic	82.9	89.8
Black, non-Hispanic	5.1	4.9
Hispanic	9.2	2.5
Other, non-Hispanic	2.9	2.7
Education		
<High school	11.4	19.5
High school	30.8	32.9
Some college	26.6	21.2
College	31.2	26.4
Annual Household Income		
\$19,999 or less	14.8	18.9
\$20,000 - \$24,999	11.5	12.1
\$25,000 - \$34,999	12.8	12.2
\$35,000 - \$49,999	15.0	14.9
\$50,000 or more	27.1	22.6
Missing	18.9	19.2
Veteran Status		
Severed on active duty	28.2	25.7
Marital Status		
Married	59.9	66.7
Divorced	11.3	10.3
Widowed	23.2	19.1
Separated	1.6	1.6
Never married	3.2	1.9
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	5.4
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	69.9
Emotional support		
Always or usually receive support needed	78.0	79.6
General life satisfaction		
Very satisfied or satisfied	95.3	98.0
Limited Activities¹		
	28.0	30.0
Special Equipment²		
	15.1	11.5
Person with disability³		
	31.7	32.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.2
Normal weight	34.3	31.5
Overweight	40.7	36.3
Obese	22.8	29.0
Told by a health professional that you have:		
Arthritis	46.0	43.9
Asthma	9.7	12.7
Diabetes	18.3	19.8
High blood pressure	52.6	47.4
High cholesterol	50.6	53.7
Heart attack	12.8	12.1
Coronary heart disease	12.2	11.1
Stroke	6.9	9.1
Health Behavior		
Participation in physical activity or any exercise	69.5	65.3
Fruit and vegetable consumption		
5 or more serving per day	27.8	28.1
Taking action to control blood pressure ⁴	96.7	98.1
Smoking status		
Smokes everyday	9.3	11.6
Smokes some days	2.3	6.2
Former smoker	45.4	34.0
Never smoked	43.0	48.2
Heavy Drinker ⁵	5.0	2.5
Binge drinker ⁶	5.5	4.3
Had checkup in past year	89.4	80.8
Tested for HIV / AIDS ⁷	23.9	14.9
Had mammogram ⁸	95.3	94.5
Had pap test ⁸	92.6	95.5
Immunization		
Influenza	59.7	60.6
Pneumonia	55.5	51.9
Hepatitis B	13.3	9.6
Has personal doctor	91.6	90.3
Any health coverage	94.3	90.2
Could not see a doctor because of cost	6.4	10.5

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 23: Demographic and health behavior characteristics among persons age 60 and older, Florida and Hamilton County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Hamilton County (n=171)
	Percent	Percent
Demographics		
Age		
60-64	23.7	32.1
65-69	20.8	23.8
70-74	18.5	17.2
75-79	17.1	14.3
80-84	12.9	9.3
85+	7.1	3.3
Gender		
Female	55.3	52.8
Race/ethnicity		
White, non-Hispanic	82.9	74.1
Black, non-Hispanic	5.1	21.0
Hispanic	9.2	1.8
Other, non-Hispanic	2.9	3.2
Education		
<High school	11.4	18.2
High school	30.8	41.5
Some college	26.6	16.7
College	31.2	23.6
Annual Household Income		
\$19,999 or less	14.8	20.6
\$20,000 - \$24,999	11.5	16.7
\$25,000 - \$34,999	12.8	13.6
\$35,000 - \$49,999	15.0	11.0
\$50,000 or more	27.1	19.5
Missing	18.9	18.7
Veteran Status		
Severed on active duty	28.2	30.2
Marital Status		
Married	59.9	61.9
Divorced	11.3	9.0
Widowed	23.2	24.4
Separated	1.6	1.6
Never married	3.2	1.6
Unmarried couple	0.8	1.5
Has children under 18 years old in household	5.3	2.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	67.2
Emotional support		
Always or usually receive support needed	78.0	77.1
General life satisfaction		
Very satisfied or satisfied	95.3	97.6
Limited Activities¹		
	28.0	31.5
Special Equipment²		
	15.1	17.3
Person with disability³		
	31.7	36.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.1
Normal weight	34.3	28.2
Overweight	40.7	40.0
Obese	22.8	29.7
Told by a health professional that you have:		
Arthritis	46.0	44.9
Asthma	9.7	7.9
Diabetes	18.3	23.3
High blood pressure	52.6	54.6
High cholesterol	50.6	51.2
Heart attack	12.8	12.4
Coronary heart disease	12.2	11.3
Stroke	6.9	9.7
Health Behavior		
Participation in physical activity or any exercise	69.5	64.6
Fruit and vegetable consumption		
5 or more serving per day	27.8	34.6
Taking action to control blood pressure ⁴	96.7	96.9
Smoking status		
Smokes everyday	9.3	16.9
Smokes some days	2.3	3.7
Former smoker	45.4	37.6
Never smoked	43.0	41.8
Heavy Drinker ⁵	5.0	6.7
Binge drinker ⁶	5.5	90.2
Had checkup in past year	89.4	91.4
Tested for HIV / AIDS ⁷	23.9	36.7
Had mammogram ⁸	95.3	95.3
Had pap test ⁸	92.6	94.7
Immunization		
Influenza	59.7	61.6
Pneumonia	55.5	54.4
Hepatitis B	13.3	15.6
Has personal doctor	91.6	94.4
Any health coverage	94.3	94.3
Could not see a doctor because of cost	6.4	4.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 24: Demographic and health behavior characteristics among persons age 60 and older, Florida and Hardee County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Hardee County (n=269)
	Percent	Percent
Demographics		
Age		
60-64	23.7	23.0
65-69	20.8	20.7
70-74	18.5	17.6
75-79	17.1	18.0
80-84	12.9	18.4
85+	7.1	2.3
Gender		
Female	55.3	54.3
Race/ethnicity		
White, non-Hispanic	82.9	87.9
Black, non-Hispanic	5.1	3.2
Hispanic	9.2	7.3
Other, non-Hispanic	2.9	1.6
Education		
<High school	11.4	22.5
High school	30.8	44.1
Some college	26.6	25.6
College	31.2	7.8
Annual Household Income		
\$19,999 or less	14.8	16.5
\$20,000 - \$24,999	11.5	30.6
\$25,000 - \$34,999	12.8	12.8
\$35,000 - \$49,999	15.0	8.5
\$50,000 or more	27.1	13.6
Missing	18.9	18.0
Veteran Status		
Severed on active duty	28.2	20.1
Marital Status		
Married	59.9	63.7
Divorced	11.3	16.0
Widowed	23.2	17.9
Separated	1.6	1.0
Never married	3.2	1.0
Unmarried couple	0.8	0.4
Has children under 18 years old in household	5.3	5.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	65.7
Emotional support		
Always or usually receive support needed	78.0	69.5
General life satisfaction		
Very satisfied or satisfied	95.3	94.7
Limited Activities¹		
	28.0	3.4
Special Equipment²		
	15.1	20.1
Person with disability³		
	31.7	38.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.6
Normal weight	34.3	23.4
Overweight	40.7	41.4
Obese	22.8	34.6
Told by a health professional that you have:		
Arthritis	46.0	46.6
Asthma	9.7	10.6
Diabetes	18.3	23.6
High blood pressure	52.6	64.8
High cholesterol	50.6	56.3
Heart attack	12.8	29.0
Coronary heart disease	12.2	12.8
Stroke	6.9	4.8
Health Behavior		
Participation in physical activity or any exercise	69.5	63.0
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.7
Taking action to control blood pressure ⁴	96.7	99.3
Smoking status		
Smokes everyday	9.3	9.6
Smokes some days	2.3	2.0
Former smoker	45.4	43.9
Never smoked	43.0	44.5
Heavy Drinker ⁵	5.0	1.9
Binge drinker ⁶	5.5	98.8
Had checkup in past year	89.4	87.4
Tested for HIV / AIDS ⁷	23.9	12.3
Had mammogram ⁸	95.3	91.7
Had pap test ⁸	92.6	95.9
Immunization		
Influenza	59.7	57.2
Pneumonia	55.5	50.6
Hepatitis B	13.3	21.0
Has personal doctor	91.6	88.5
Any health coverage	94.3	92.9
Could not see a doctor because of cost	6.4	18.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 25: Demographic and health behavior characteristics among persons age 60 and older, Florida and Hendry County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Hendry County (n=205)
	Percent	Percent
Demographics		
Age		
60-64	23.7	33.6
65-69	20.8	20.9
70-74	18.5	17.6
75-79	17.1	13.2
80-84	12.9	6.1
85+	7.1	8.6
Gender		
Female	55.3	51.0
Race/ethnicity		
White, non-Hispanic	82.9	81.6
Black, non-Hispanic	5.1	7.4
Hispanic	9.2	9.8
Other, non-Hispanic	2.9	1.3
Education		
<High school	11.4	27.5
High school	30.8	27.2
Some college	26.6	30.3
College	31.2	15.0
Annual Household Income		
\$19,999 or less	14.8	20.5
\$20,000 - \$24,999	11.5	7.9
\$25,000 - \$34,999	12.8	12.1
\$35,000 - \$49,999	15.0	11.1
\$50,000 or more	27.1	19.4
Missing	18.9	28.9
Veteran Status		
Severed on active duty	28.2	33.1
Marital Status		
Married	59.9	69.8
Divorced	11.3	12.8
Widowed	23.2	15.9
Separated	1.6	0.6
Never married	3.2	0.6
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	10.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	66.9
Emotional support		
Always or usually receive support needed	78.0	75.1
General life satisfaction		
Very satisfied or satisfied	95.3	92.9
Limited Activities¹		
Special Equipment ²	15.1	21.8
Person with disability ³	31.7	36.0

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.5
Normal weight	34.3	26.6
Overweight	40.7	41.7
Obese	22.8	31.2
Told by a health professional that you have:		
Arthritis	46.0	50.0
Asthma	9.7	7.7
Diabetes	18.3	14.7
High blood pressure	52.6	49.3
High cholesterol	50.6	51.5
Heart attack	12.8	12.1
Coronary heart disease	12.2	11.7
Stroke	6.9	6.7
Health Behavior		
Participation in physical activity or any exercise	69.5	58.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	33.1
Taking action to control blood pressure ⁴	96.7	98.5
Smoking status		
Smokes everyday	9.3	7.7
Smokes some days	2.3	2.0
Former smoker	45.4	47.2
Never smoked	43.0	43.2
Heavy Drinker ⁵	5.0	5.4
Binge drinker ⁶	5.5	7.6
Had checkup in past year	89.4	87.6
Tested for HIV / AIDS ⁷	23.9	24.0
Had mammogram ⁸	95.3	94.9
Had pap test ⁸	92.6	94.5
Immunization		
Influenza	59.7	52.5
Pneumonia	55.5	44.9
Hepatitis B	13.3	11.5
Has personal doctor	91.6	90.8
Any health coverage	94.3	92.0
Could not see a doctor because of cost	6.4	14.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 26: Demographic and health behavior characteristics among persons age 60 and older, Florida and Hernando County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Hernando County (n=278)
	Percent	Percent
Demographics		
Age		
60-64	23.7	17.8
65-69	20.8	20.6
70-74	18.5	19.7
75-79	17.1	25.7
80-84	12.9	8.9
85+	7.1	7.2
Gender		
Female	55.3	53.2
Race/ethnicity		
White, non-Hispanic	82.9	90.3
Black, non-Hispanic	5.1	0.8
Hispanic	9.2	5.5
Other, non-Hispanic	2.9	3.4
Education		
<High school	11.4	8.7
High school	30.8	38.0
Some college	26.6	33.8
College	31.2	19.4
Annual Household Income		
\$19,999 or less	14.8	17.6
\$20,000 - \$24,999	11.5	16.2
\$25,000 - \$34,999	12.8	12.9
\$35,000 - \$49,999	15.0	12.8
\$50,000 or more	27.1	16.5
Missing	18.9	24.0
Veteran Status		
Severed on active duty	28.2	28.0
Marital Status		
Married	59.9	65.2
Divorced	11.3	7.8
Widowed	23.2	24.7
Separated	1.6	0.3
Never married	3.2	1.4
Unmarried couple	0.8	0.6
Has children under 18 years old in household	5.3	3.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	74.8
Emotional support		
Always or usually receive support needed	78.0	76.3
General life satisfaction		
Very satisfied or satisfied	95.3	95.1
Limited Activities¹		
	28.0	23.6
Special Equipment²		
	15.1	11.8
Person with disability³		
	31.7	25.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.5
Normal weight	34.3	32.7
Overweight	40.7	45.1
Obese	22.8	20.7
Told by a health professional that you have:		
Arthritis	46.0	46.8
Asthma	9.7	8.9
Diabetes	18.3	14.7
High blood pressure	52.6	55.4
High cholesterol	50.6	51.3
Heart attack	12.8	11.3
Coronary heart disease	12.2	12.5
Stroke	6.9	8.0
Health Behavior		
Participation in physical activity or any exercise	69.5	74.0
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.2
Taking action to control blood pressure ⁴	96.7	94.4
Smoking status		
Smokes everyday	9.3	10.4
Smokes some days	2.3	1.7
Former smoker	45.4	47.6
Never smoked	43.0	40.3
Heavy Drinker ⁵	5.0	3.9
Binge drinker ⁶	5.5	2.2
Had checkup in past year	89.4	90.8
Tested for HIV / AIDS ⁷	23.9	19.4
Had mammogram ⁸	95.3	92.2
Had pap test ⁸	92.6	92.8
Immunization		
Influenza	59.7	63.4
Pneumonia	55.5	67.0
Hepatitis B	13.3	8.6
Has personal doctor	91.6	93.5
Any health coverage	94.3	96.3
Could not see a doctor because of cost	6.4	5.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 27: Demographic and health behavior characteristics among persons age 60 and older, Florida and Highlands County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Highlands County (n=438)
	Percent	Percent
Demographics		
Age		
60-64	23.7	13.4
65-69	20.8	18.9
70-74	18.5	19.7
75-79	17.1	22.3
80-84	12.9	13.1
85+	7.1	12.5
Gender		
Female	55.3	55.8
Race/ethnicity		
White, non-Hispanic	82.9	88.0
Black, non-Hispanic	5.1	1.4
Hispanic	9.2	8.2
Other, non-Hispanic	2.9	2.4
Education		
<High school	11.4	14.5
High school	30.8	41.0
Some college	26.6	23.8
College	31.2	20.7
Annual Household Income		
\$19,999 or less	14.8	23.0
\$20,000 - \$24,999	11.5	16.9
\$25,000 - \$34,999	12.8	11.4
\$35,000 - \$49,999	15.0	17.9
\$50,000 or more	27.1	13.0
Missing	18.9	17.8
Veteran Status		
Severed on active duty	28.2	26.9
Marital Status		
Married	59.9	67.4
Divorced	11.3	6.3
Widowed	23.2	22.6
Separated	1.6	0.8
Never married	3.2	1.8
Unmarried couple	0.8	1.1
Has children under 18 years old in household	5.3	3.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	73.5
Emotional support		
Always or usually receive support needed	78.0	74.9
General life satisfaction		
Very satisfied or satisfied	95.3	92.4
Limited Activities ¹	28.0	29.3
Special Equipment ²	15.1	16.3
Person with disability ³	31.7	32.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.7
Normal weight	34.3	37.0
Overweight	40.7	38.4
Obese	22.8	22.8
Told by a health professional that you have:		
Arthritis	46.0	46.9
Asthma	9.7	8.2
Diabetes	18.3	18.3
High blood pressure	52.6	49.2
High cholesterol	50.6	55.5
Heart attack	12.8	14.2
Coronary heart disease	12.2	16.7
Stroke	6.9	7.5
Health Behavior		
Participation in physical activity or any exercise	69.5	62.7
Fruit and vegetable consumption		
5 or more serving per day	27.8	35.7
Taking action to control blood pressure ⁴	96.7	97.6
Smoking status		
Smokes everyday	9.3	5.1
Smokes some days	2.3	1.6
Former smoker	45.4	43.8
Never smoked	43.0	49.6
Heavy Drinker ⁵	5.0	4.7
Binge drinker ⁶	5.5	6.4
Had checkup in past year	89.4	88.3
Tested for HIV / AIDS ⁷	23.9	25.8
Had mammogram ⁸	95.3	94.4
Had pap test ⁸	92.6	93.8
Immunization		
Influenza	59.7	65.9
Pneumonia	55.5	
Hepatitis B	13.3	
Has personal doctor	91.6	62.6
Any health coverage	94.3	96.4
Could not see a doctor because of cost	6.4	5.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 28: Demographic and health behavior characteristics among persons age 60 and older, Florida and Hillsborough County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Hillsborough County (n=167)
	Percent	Percent
Demographics		
Age		
60-64	23.7	24.3
65-69	20.8	21.8
70-74	18.5	21.1
75-79	17.1	14.9
80-84	12.9	10.3
85+	7.1	7.7
Gender		
Female	55.3	59.3
Race/ethnicity		
White, non-Hispanic	82.9	86.5
Black, non-Hispanic	5.1	6.3
Hispanic	9.2	3.4
Other, non-Hispanic	2.9	3.9
Education		
<High school	11.4	4.3
High school	30.8	32.6
Some college	26.6	31.1
College	31.2	32.0
Annual Household Income		
\$19,999 or less	14.8	15.4
\$20,000 - \$24,999	11.5	14.3
\$25,000 - \$34,999	12.8	8.6
\$35,000 - \$49,999	15.0	14.0
\$50,000 or more	27.1	26.2
Missing	18.9	21.4
Veteran Status		
Severed on active duty	28.2	26.6
Marital Status		
Married	59.9	63.8
Divorced	11.3	10.5
Widowed	23.2	21.7
Separated	1.6	0.0
Never married	3.2	2.3
Unmarried couple	0.8	1.7
Has children under 18 years old in household	5.3	7.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	78.9
Emotional support		
Always or usually receive support needed	78.0	78.6
General life satisfaction		
Very satisfied or satisfied	95.3	94.5
Limited Activities¹		
Special Equipment ²	15.1	20.4
Person with disability ³	31.7	38.0

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.1
Normal weight	34.3	32.5
Overweight	40.7	42.3
Obese	22.8	22.0
Told by a health professional that you have:		
Arthritis	46.0	42.3
Asthma	9.7	10.6
Diabetes	18.3	18.2
High blood pressure	52.6	55.2
High cholesterol	50.6	48.2
Heart attack	12.8	10.2
Coronary heart disease	12.2	12.5
Stroke	6.9	10.9
Health Behavior		
Participation in physical activity or any exercise	69.5	67.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.8
Taking action to control blood pressure ⁴	96.7	95.1
Smoking status		
Smokes everyday	9.3	7.1
Smokes some days	2.3	1.3
Former smoker	45.4	43.0
Never smoked	43.0	48.7
Heavy Drinker ⁵	5.0	2.8
Binge drinker ⁶	5.5	1.6
Had checkup in past year	89.4	84.9
Tested for HIV / AIDS ⁷	23.9	28.6
Had mammogram ⁸	95.3	98.9
Had pap test ⁸	92.6	96.3
Immunization		
Influenza	59.7	48.2
Pneumonia	55.5	49.9
Hepatitis B	13.3	20.0
Has personal doctor	91.6	92.4
Any health coverage	94.3	95.9
Could not see a doctor because of cost	6.4	9.1

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 29: Demographic and health behavior characteristics among persons age 60 and older, Florida and Holmes County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Holmes County (n=197)
	Percent	Percent
Demographics		
Age		
60-64	23.7	19.9
65-69	20.8	22.9
70-74	18.5	23.0
75-79	17.1	19.1
80-84	12.9	8.9
85+	7.1	6.1
Gender		
Female	55.3	66.2
Race/ethnicity		
White, non-Hispanic	82.9	91.1
Black, non-Hispanic	5.1	2.2
Hispanic	9.2	2.5
Other, non-Hispanic	2.9	4.2
Education		
<High school	11.4	30.3
High school	30.8	38.8
Some college	26.6	18.3
College	31.2	12.6
Annual Household Income		
\$19,999 or less	14.8	34.1
\$20,000 - \$24,999	11.5	10.4
\$25,000 - \$34,999	12.8	12.1
\$35,000 - \$49,999	15.0	8.5
\$50,000 or more	27.1	18.8
Missing	18.9	16.2
Veteran Status		
Severed on active duty	28.2	34.1
Marital Status		
Married	59.9	67.3
Divorced	11.3	6.5
Widowed	23.2	25.0
Separated	1.6	0.2
Never married	3.2	0.6
Unmarried couple	0.8	0.4
Has children under 18 years old in household	5.3	
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	65.0
Emotional support		
Always or usually receive support needed	78.0	71.6
General life satisfaction		
Very satisfied or satisfied	95.3	97.1
Limited Activities¹		
	28.0	36.6
Special Equipment²		
	15.1	16.1
Person with disability³		
	31.7	40.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.6
Normal weight	34.3	36.0
Overweight	40.7	40.4
Obese	22.8	22.9
Told by a health professional that you have:		
Arthritis	46.0	54.5
Asthma	9.7	8.0
Diabetes	18.3	23.3
High blood pressure	52.6	58.3
High cholesterol	50.6	50.6
Heart attack	12.8	15.7
Coronary heart disease	12.2	10.5
Stroke	6.9	5.9
Health Behavior		
Participation in physical activity or any exercise	69.5	59.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	21.5
Taking action to control blood pressure ⁴	96.7	99.2
Smoking status		
Smokes everyday	9.3	11.3
Smokes some days	2.3	2.6
Former smoker	45.4	38.3
Never smoked	43.0	47.9
Heavy Drinker ⁵	5.0	0.9
Binge drinker ⁶	5.5	1.3
Had checkup in past year	89.4	86.3
Tested for HIV / AIDS ⁷	23.9	26.1
Had mammogram ⁸	95.3	93.4
Had pap test ⁸	92.6	94.5
Immunization		
Influenza	59.7	62.0
Pneumonia	55.5	64.8
Hepatitis B	13.3	14.5
Has personal doctor	91.6	93.0
Any health coverage	94.3	93.2
Could not see a doctor because of cost	6.4	13.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 30: Demographic and health behavior characteristics among persons age 60 and older, Florida and Indian River County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Indian River County (n=182)
	Percent	Percent
Demographics		
Age		
60-64	23.7	16.2
65-69	20.8	18.0
70-74	18.5	18.7
75-79	17.1	18.1
80-84	12.9	19.0
85+	7.1	10.0
Gender		
Female	55.3	56.1
Race/ethnicity		
White, non-Hispanic	82.9	95.5
Black, non-Hispanic	5.1	1.5
Hispanic	9.2	1.7
Other, non-Hispanic	2.9	1.3
Education		
<High school	11.4	6.4
High school	30.8	30.6
Some college	26.6	22.5
College	31.2	40.5
Annual Household Income		
\$19,999 or less	14.8	12.7
\$20,000 - \$24,999	11.5	9.9
\$25,000 - \$34,999	12.8	12.2
\$35,000 - \$49,999	15.0	16.3
\$50,000 or more	27.1	29.6
Missing	18.9	19.2
Veteran Status		
Severed on active duty	28.2	32.9
Marital Status		
Married	59.9	63.0
Divorced	11.3	6.1
Widowed	23.2	24.5
Separated	1.6	0.3
Never married	3.2	4.2
Unmarried couple	0.8	1.8
Has children under 18 years old in household	5.3	6.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	80.8
Emotional support		
Always or usually receive support needed	78.0	82.3
General life satisfaction		
Very satisfied or satisfied	95.3	97.9
Limited Activities¹		
	28.0	28.1
Special Equipment²		
	15.1	13.7
Person with disability³		
	31.7	30.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.6
Normal weight	34.3	37.6
Overweight	40.7	42.6
Obese	22.8	17.3
Told by a health professional that you have:		
Arthritis	46.0	45.5
Asthma	9.7	11.0
Diabetes	18.3	15.7
High blood pressure	52.6	45.6
High cholesterol	50.6	51.0
Heart attack	12.8	10.3
Coronary heart disease	12.2	14.5
Stroke	6.9	5.8
Health Behavior		
Participation in physical activity or any exercise	69.5	72.9
Fruit and vegetable consumption 5 or more serving per day	27.8	34.9
Taking action to control blood pressure ⁴	96.7	98.2
Smoking status		
Smokes everyday	9.3	4.6
Smokes some days	2.3	2.0
Former smoker	45.4	58.5
Never smoked	43.0	34.9
Heavy Drinker ⁵	5.0	9.0
Binge drinker ⁶	5.5	2.9
Had checkup in past year	89.4	91.0
Tested for HIV / AIDS ⁷	23.9	14.0
Had mammogram ⁸	95.3	96.4
Had pap test ⁸	92.6	93.3
Immunization		
Influenza	59.7	65.3
Pneumonia	55.5	66.3
Hepatitis B	13.3	3.8
Has personal doctor	91.6	91.2
Any health coverage	94.3	98.2
Could not see a doctor because of cost	6.4	1.5

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 31: Demographic and health behavior characteristics among persons age 60 and older, Florida and Jackson County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Jackson County (n=267)
	Percent	Percent
Demographics		
Age		
60-64	23.7	21.9
65-69	20.8	28.0
70-74	18.5	16.1
75-79	17.1	17.7
80-84	12.9	10.2
85+	7.1	6.2
Gender		
Female	55.3	56.0
Race/ethnicity		
White, non-Hispanic	82.9	78.4
Black, non-Hispanic	5.1	14.6
Hispanic	9.2	3.5
Other, non-Hispanic	2.9	3.6
Education		
<High school	11.4	14.5
High school	30.8	43.1
Some college	26.6	22.8
College	31.2	19.6
Annual Household Income		
\$19,999 or less	14.8	25.6
\$20,000 - \$24,999	11.5	10.3
\$25,000 - \$34,999	12.8	15.6
\$35,000 - \$49,999	15.0	13.7
\$50,000 or more	27.1	18.5
Missing	18.9	16.3
Veteran Status		
Severed on active duty	28.2	29.3
Marital Status		
Married	59.9	52.2
Divorced	11.3	8.1
Widowed	23.2	36.4
Separated	1.6	1.2
Never married	3.2	1.7
Unmarried couple	0.8	0.4
Has children under 18 years old in household	5.3	6.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	68.4
Emotional support		
Always or usually receive support needed	78.0	75.2
General life satisfaction		
Very satisfied or satisfied	95.3	95.3
Limited Activities¹		
	28.0	33.6
Special Equipment²		
	15.1	21.8
Person with disability³		
	31.7	38.6

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.5
Normal weight	34.3	28.9
Overweight	40.7	44.8
Obese	22.8	25.9
Told by a health professional that you have:		
Arthritis	46.0	48.5
Asthma	9.7	9.5
Diabetes	18.3	24.3
High blood pressure	52.6	52.3
High cholesterol	50.6	60.9
Heart attack	12.8	11.4
Coronary heart disease	12.2	14.5
Stroke	6.9	9.0
Health Behavior		
Participation in physical activity or any exercise	69.5	64.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.5
Taking action to control blood pressure ⁴	96.7	96.7
Smoking status		
Smokes everyday	9.3	8.2
Smokes some days	2.3	2.1
Former smoker	45.4	32.4
Never smoked	43.0	57.2
Heavy Drinker ⁵	5.0	1.0
Binge drinker ⁶	5.5	3.6
Had checkup in past year	89.4	88.6
Tested for HIV / AIDS ⁷	23.9	19.9
Had mammogram ⁸	95.3	96.5
Had pap test ⁸	92.6	96.7
Immunization		
Influenza	59.7	60.8
Pneumonia	55.5	60.2
Hepatitis B	13.3	12.9
Has personal doctor	91.6	90.2
Any health coverage	94.3	92.7
Could not see a doctor because of cost	6.4	7.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 32: Demographic and health behavior characteristics among persons age 60 and older, Florida and Jefferson County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Jefferson County (n=172)
	Percent	Percent
Demographics		
Age		
60-64	23.7	25.7
65-69	20.8	20.4
70-74	18.5	18.2
75-79	17.1	20.8
80-84	12.9	6.1
85+	7.1	9.1
Gender		
Female	55.3	52.5
Race/ethnicity		
White, non-Hispanic	82.9	73.7
Black, non-Hispanic	5.1	20.4
Hispanic	9.2	3.3
Other, non-Hispanic	2.9	2.6
Education		
<High school	11.4	28.1
High school	30.8	35.3
Some college	26.6	19.3
College	31.2	17.3
Annual Household Income		
\$19,999 or less	14.8	27.0
\$20,000 - \$24,999	11.5	12.1
\$25,000 - \$34,999	12.8	7.9
\$35,000 - \$49,999	15.0	14.2
\$50,000 or more	27.1	19.7
Missing	18.9	19.1
Veteran Status		
Severed on active duty	28.2	28.1
Marital Status		
Married	59.9	61.8
Divorced	11.3	6.0
Widowed	23.2	29.9
Separated	1.6	1.2
Never married	3.2	1.3
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	7.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	65.2
Emotional support		
Always or usually receive support needed	78.0	77.2
General life satisfaction		
Very satisfied or satisfied	95.3	98.7
Limited Activities¹		
Special Equipment ²	15.1	42.9
Person with disability ³	31.7	45.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.5
Normal weight	34.3	36.4
Overweight	40.7	31.0
Obese	22.8	31.0
Told by a health professional that you have:		
Arthritis	46.0	49.6
Asthma	9.7	12.2
Diabetes	18.3	27.3
High blood pressure	52.6	69.9
High cholesterol	50.6	59.1
Heart attack	12.8	9.9
Coronary heart disease	12.2	12.3
Stroke	6.9	10.5
Health Behavior		
Participation in physical activity or any exercise	69.5	66.8
Fruit and vegetable consumption		
5 or more serving per day	27.8	22.2
Taking action to control blood pressure ⁴	96.7	93.8
Smoking status		
Smokes everyday	9.3	6.7
Smokes some days	2.3	3.2
Former smoker	45.4	42.2
Never smoked	43.0	47.8
Heavy Drinker ⁵	5.0	4.2
Binge drinker ⁶	5.5	3.9
Had checkup in past year	89.4	88.1
Tested for HIV / AIDS ⁷	23.9	44.9
Had mammogram ⁸	95.3	97.3
Had pap test ⁸	92.6	88.7
Immunization		
Influenza	59.7	58.8
Pneumonia	55.5	56.9
Hepatitis B	13.3	12.5
Has personal doctor	91.6	92.9
Any health coverage	94.3	94.0
Could not see a doctor because of cost	6.4	12.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 33: Demographic and health behavior characteristics among persons age 60 and older, Florida and Lafayette County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Lafayette County (n=184)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.0
65-69	20.8	18.0
70-74	18.5	28.5
75-79	17.1	16.2
80-84	12.9	8.3
85+	7.1	9.0
Gender		
Female	55.3	53.3
Race/ethnicity		
White, non-Hispanic	82.9	95.6
Black, non-Hispanic	5.1	2.3
Hispanic	9.2	0.2
Other, non-Hispanic	2.9	1.9
Education		
<High school	11.4	20.1
High school	30.8	50.1
Some college	26.6	21.3
College	31.2	8.5
Annual Household Income		
\$19,999 or less	14.8	25.2
\$20,000 - \$24,999	11.5	9.6
\$25,000 - \$34,999	12.8	14.5
\$35,000 - \$49,999	15.0	12.1
\$50,000 or more	27.1	24.6
Missing	18.9	14.1
Veteran Status		
Severed on active duty	28.2	27.1
Marital Status		
Married	59.9	62.0
Divorced	11.3	8.7
Widowed	23.2	26.7
Separated	1.6	0.3
Never married	3.2	1.9
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	4.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	62.9
Emotional support		
Always or usually receive support needed	78.0	75.0
General life satisfaction		
Very satisfied or satisfied	95.3	98.9
Limited Activities¹		
Special Equipment ²	15.1	17.8
Person with disability ³	31.7	40.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.8
Normal weight	34.3	24.4
Overweight	40.7	44.6
Obese	22.8	30.2
Told by a health professional that you have:		
Arthritis	46.0	59.5
Asthma	9.7	10.0
Diabetes	18.3	27.9
High blood pressure	52.6	67.2
High cholesterol	50.6	58.7
Heart attack	12.8	16.5
Coronary heart disease	12.2	15.6
Stroke	6.9	11.6
Health Behavior		
Participation in physical activity or any exercise	69.5	59.4
Fruit and vegetable consumption 5 or more serving per day	27.8	26.5
Taking action to control blood pressure ⁴	96.7	96.0
Smoking status		
Smokes everyday	9.3	11.2
Smokes some days	2.3	2.4
Former smoker	45.4	45.5
Never smoked	43.0	40.9
Heavy Drinker ⁵	5.0	3.4
Binge drinker ⁶	5.5	5.7
Had checkup in past year	89.4	83.9
Tested for HIV / AIDS ⁷	23.9	9.9
Had mammogram ⁸	95.3	96.6
Had pap test ⁸	92.6	97.8
Immunization		
Influenza	59.7	62.2
Pneumonia	55.5	49.3
Hepatitis B	13.3	16.5
Has personal doctor	91.6	86.2
Any health coverage	94.3	95.9
Could not see a doctor because of cost	6.4	4.1

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 34: Demographic and health behavior characteristics among persons age 60 and older, Florida and Lake County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Lake County (n=355)
	Percent	Percent
Demographics		
Age		
60-64	23.7	18.0
65-69	20.8	22.9
70-74	18.5	19.3
75-79	17.1	22.5
80-84	12.9	11.2
85+	7.1	6.3
Gender		
Female	55.3	52.6
Race/ethnicity		
White, non-Hispanic	82.9	90.9
Black, non-Hispanic	5.1	2.5
Hispanic	9.2	2.5
Other, non-Hispanic	2.9	4.1
Education		
<High school	11.4	10.6
High school	30.8	31.9
Some college	26.6	30.8
College	31.2	26.7
Annual Household Income		
\$19,999 or less	14.8	15.7
\$20,000 - \$24,999	11.5	11.9
\$25,000 - \$34,999	12.8	13.9
\$35,000 - \$49,999	15.0	12.6
\$50,000 or more	27.1	26.2
Missing	18.9	19.6
Veteran Status		
Severed on active duty	28.2	32.5
Marital Status		
Married	59.9	67.1
Divorced	11.3	7.7
Widowed	23.2	22.4
Separated	1.6	0.8
Never married	3.2	1.4
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	2.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	78.9
Emotional support		
Always or usually receive support needed	78.0	77.2
General life satisfaction		
Very satisfied or satisfied	95.3	96.1
Limited Activities¹		
Special Equipment ²	15.1	13.5
Person with disability ³	31.7	30.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.1
Normal weight	34.3	26.7
Overweight	40.7	45.1
Obese	22.8	26.1
Told by a health professional that you have:		
Arthritis	46.0	39.8
Asthma	9.7	8.5
Diabetes	18.3	23.1
High blood pressure	52.6	55.7
High cholesterol	50.6	49.8
Heart attack	12.8	12.1
Coronary heart disease	12.2	17.0
Stroke	6.9	6.6
Health Behavior		
Participation in physical activity or any exercise	69.5	73.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	26.0
Taking action to control blood pressure ⁴	96.7	95.9
Smoking status		
Smokes everyday	9.3	6.2
Smokes some days	2.3	1.1
Former smoker	45.4	48.0
Never smoked	43.0	44.6
Heavy Drinker ⁵	5.0	6.1
Binge drinker ⁶	5.5	6.6
Had checkup in past year	89.4	87.9
Tested for HIV / AIDS ⁷	23.9	27.4
Had mammogram ⁸	95.3	91.5
Had pap test ⁸	92.6	91.0
Immunization		
Influenza	59.7	67.4
Pneumonia	55.5	63.7
Hepatitis B	13.3	93.8
Has personal doctor	91.6	95.8
Any health coverage	94.3	96.3
Could not see a doctor because of cost	6.4	3.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 35: Demographic and health behavior characteristics among persons age 60 and older, Florida and Lee County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Lee County (n=270)
	Percent	Percent
Demographics		
Age		
60-64	23.7	23.7
65-69	20.8	22.2
70-74	18.5	16.7
75-79	17.1	18.1
80-84	12.9	13.7
85+	7.1	5.6
Gender		
Female	55.3	52.2
Race/ethnicity		
White, non-Hispanic	82.9	92.6
Black, non-Hispanic	5.1	1.7
Hispanic	9.2	3.7
Other, non-Hispanic	2.9	2.0
Education		
<High school	11.4	5.9
High school	30.8	33.6
Some college	26.6	26.3
College	31.2	34.2
Annual Household Income		
\$19,999 or less	14.8	12.7
\$20,000 - \$24,999	11.5	8.4
\$25,000 - \$34,999	12.8	9.7
\$35,000 - \$49,999	15.0	14.9
\$50,000 or more	27.1	32.1
Missing	18.9	22.3
Veteran Status		
Severed on active duty	28.2	26.6
Marital Status		
Married	59.9	66.8
Divorced	11.3	7.1
Widowed	23.2	21.0
Separated	1.6	1.9
Never married	3.2	1.5
Unmarried couple	0.8	1.6
Has children under 18 years old in household	5.3	2.3
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	80.3
Emotional support		
Always or usually receive support needed	78.0	81.5
General life satisfaction		
Very satisfied or satisfied	95.3	97.4
Limited Activities¹		
	28.0	23.8
Special Equipment²		
	15.1	12.4
Person with disability³		
	31.7	27.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.6
Normal weight	34.3	34.5
Overweight	40.7	39.6
Obese	22.8	24.3
Told by a health professional that you have:		
Arthritis	46.0	48.9
Asthma	9.7	7.9
Diabetes	18.3	19.3
High blood pressure	52.6	58.8
High cholesterol	50.6	54.8
Heart attack	12.8	11.1
Coronary heart disease	12.2	13.3
Stroke	6.9	7.9
Health Behavior		
Participation in physical activity or any exercise	69.5	71.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	25.4
Taking action to control blood pressure ⁴	96.7	98.7
Smoking status		
Smokes everyday	9.3	7.3
Smokes some days	2.3	1.6
Former smoker	45.4	51.7
Never smoked	43.0	39.4
Heavy Drinker ⁵	5.0	8.3
Binge drinker ⁶	5.5	90.9
Had checkup in past year	89.4	91.5
Tested for HIV / AIDS ⁷	23.9	22.2
Had mammogram ⁸	95.3	98.6
Had pap test ⁸	92.6	92.7
Immunization		
Influenza	59.7	60.1
Pneumonia	55.5	60.8
Hepatitis B	13.3	15.6
Has personal doctor	91.6	94.1
Any health coverage	94.3	95.3
Could not see a doctor because of cost	6.4	5.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 36: Demographic and health behavior characteristics among persons age 60 and older, Florida and Leon County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Leon County (n=180)
	Percent	Percent
Demographics		
Age		
60-64	23.7	33.7
65-69	20.8	17.5
70-74	18.5	20.5
75-79	17.1	14.0
80-84	12.9	8.7
85+	7.1	5.6
Gender		
Female	55.3	55.6
Race/ethnicity		
White, non-Hispanic	82.9	84.3
Black, non-Hispanic	5.1	12.2
Hispanic	9.2	0.0
Other, non-Hispanic	2.9	3.4
Education		
<High school	11.4	7.4
High school	30.8	18.0
Some college	26.6	22.3
College	31.2	52.3
Annual Household Income		
\$19,999 or less	14.8	9.3
\$20,000 - \$24,999	11.5	9.0
\$25,000 - \$34,999	12.8	11.9
\$35,000 - \$49,999	15.0	8.4
\$50,000 or more	27.1	43.4
Missing	18.9	18.0
Veteran Status		
Severed on active duty	28.2	29.1
Marital Status		
Married	59.9	56.1
Divorced	11.3	13.9
Widowed	23.2	20.5
Separated	1.6	2.4
Never married	3.2	5.2
Unmarried couple	0.8	2.0
Has children under 18 years old in household	5.3	6.4
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	80.6
Emotional support		
Always or usually receive support needed	78.0	84.2
General life satisfaction		
Very satisfied or satisfied	95.3	96.5
Limited Activities¹		
Special Equipment ²	15.1	17.2
Person with disability ³	31.7	31.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.1
Normal weight	34.3	35.1
Overweight	40.7	33.3
Obese	22.8	30.5
Told by a health professional that you have:		
Arthritis	46.0	40.4
Asthma	9.7	10.1
Diabetes	18.3	20.1
High blood pressure	52.6	55.9
High cholesterol	50.6	55.6
Heart attack	12.8	11.0
Coronary heart disease	12.2	9.4
Stroke	6.9	5.2
Health Behavior		
Participation in physical activity or any exercise	69.5	80.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.9
Taking action to control blood pressure ⁴	96.7	94.2
Smoking status		
Smokes everyday	9.3	3.7
Smokes some days	2.3	0.6
Former smoker	45.4	45.3
Never smoked	43.0	50.4
Heavy Drinker ⁵	5.0	3.6
Binge drinker ⁶	5.5	7.1
Had checkup in past year	89.4	87.4
Tested for HIV / AIDS ⁷	23.9	11.8
Had mammogram ⁸	95.3	98.1
Had pap test ⁸	92.6	91.9
Immunization		
Influenza	59.7	67.3
Pneumonia	55.5	55.9
Hepatitis B	13.3	7.9
Has personal doctor	91.6	92.6
Any health coverage	94.3	98.0
Could not see a doctor because of cost	6.4	4.8

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 37: Demographic and health behavior characteristics among persons age 60 and older, Florida and Levy County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Levy County (n=278)
	Percent	Percent
Demographics		
Age		
60-64	23.7	26.7
65-69	20.8	18.1
70-74	18.5	23.5
75-79	17.1	17.6
80-84	12.9	9.9
85+	7.1	4.1
Gender		
Female	55.3	54.0
Race/ethnicity		
White, non-Hispanic	82.9	94.4
Black, non-Hispanic	5.1	1.9
Hispanic	9.2	0.5
Other, non-Hispanic	2.9	3.2
Education		
<High school	11.4	12.4
High school	30.8	51.8
Some college	26.6	22.9
College	31.2	12.9
Annual Household Income		
\$19,999 or less	14.8	23.1
\$20,000 - \$24,999	11.5	13.4
\$25,000 - \$34,999	12.8	16.0
\$35,000 - \$49,999	15.0	13.5
\$50,000 or more	27.1	16.7
Missing	18.9	17.2
Veteran Status		
Severed on active duty	28.2	32.6
Marital Status		
Married	59.9	58.8
Divorced	11.3	13.3
Widowed	23.2	23.1
Separated	1.6	1.8
Never married	3.2	1.3
Unmarried couple	0.8	1.7
Has children under 18 years old in household	5.3	4.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	69.4
Emotional support		
Always or usually receive support needed	78.0	79.5
General life satisfaction		
Very satisfied or satisfied	95.3	96.2
Limited Activities¹		
Special Equipment ²	15.1	23.1
Person with disability ³	31.7	37.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.7
Normal weight	34.3	28.6
Overweight	40.7	43.5
Obese	22.8	25.2
Told by a health professional that you have:		
Arthritis	46.0	55.8
Asthma	9.7	11.0
Diabetes	18.3	21.5
High blood pressure	52.6	55.1
High cholesterol	50.6	51.5
Heart attack	12.8	17.6
Coronary heart disease	12.2	15.2
Stroke	6.9	8.5
Health Behavior		
Participation in physical activity or any exercise	69.5	63.6
Fruit and vegetable consumption		
5 or more serving per day	27.8	23.1
Taking action to control blood pressure ⁴	96.7	94.7
Smoking status		
Smokes everyday	9.3	14.8
Smokes some days	2.3	2.1
Former smoker	45.4	41.9
Never smoked	43.0	41.2
Heavy Drinker ⁵	5.0	4.9
Binge drinker ⁶	5.5	6.6
Had checkup in past year	89.4	87.9
Tested for HIV / AIDS ⁷	23.9	29.3
Had mammogram ⁸	95.3	92.8
Had pap test ⁸	92.6	96.6
Immunization		
Influenza	59.7	60.2
Pneumonia	55.5	63.3
Hepatitis B	13.3	13.3
Has personal doctor	91.6	88.5
Any health coverage	94.3	95.3
Could not see a doctor because of cost	6.4	9.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 38: Demographic and health behavior characteristics among persons age 60 and older, Florida and Liberty County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Liberty County (n=179)
	Percent	Percent
Demographics		
Age		
60-64	23.7	24.4
65-69	20.8	34.8
70-74	18.5	10.4
75-79	17.1	4.7
80-84	12.9	25.4
85+	7.1	0.3
Gender		
Female	55.3	46.4
Race/ethnicity		
White, non-Hispanic	82.9	85.3
Black, non-Hispanic	5.1	1.3
Hispanic	9.2	2.9
Other, non-Hispanic	2.9	10.5
Education		
<High school	11.4	13.3
High school	30.8	44.7
Some college	26.6	36.3
College	31.2	5.7
Annual Household Income		
\$19,999 or less	14.8	25.8
\$20,000 - \$24,999	11.5	17.6
\$25,000 - \$34,999	12.8	6.1
\$35,000 - \$49,999	15.0	14.6
\$50,000 or more	27.1	29.8
Missing	18.9	6.1
Veteran Status		
Severed on active duty	28.2	32.5
Marital Status		
Married	59.9	64.5
Divorced	11.3	7.6
Widowed	23.2	24.9
Separated	1.6	1.1
Never married	3.2	1.9
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	4.3
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	64.7
Emotional support		
Always or usually receive support needed	78.0	71.6
General life satisfaction		
Very satisfied or satisfied	95.3	95.5
Limited Activities¹		
	28.0	45.8
Special Equipment²		
	15.1	28.3
Person with disability³		
	31.7	47.6

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.4
Normal weight	34.3	22.5
Overweight	40.7	55.8
Obese	22.8	21.3
Told by a health professional that you have:		
Arthritis	46.0	43.9
Asthma	9.7	6.9
Diabetes	18.3	30.6
High blood pressure	52.6	70.5
High cholesterol	50.6	51.9
Heart attack	12.8	19.1
Coronary heart disease	12.2	17.2
Stroke	6.9	4.7
Health Behavior		
Participation in physical activity or any exercise	69.5	42.7
Fruit and vegetable consumption		
5 or more serving per day	27.8	9.9
Taking action to control blood pressure ⁴	96.7	98.4
Smoking status		
Smokes everyday	9.3	18.8
Smokes some days	2.3	0.5
Former smoker	45.4	37.6
Never smoked	43.0	43.1
Heavy Drinker ⁵	5.0	2.2
Binge drinker ⁶	5.5	2.0
Had checkup in past year	89.4	92.0
Tested for HIV / AIDS ⁷	23.9	16.7
Had mammogram ⁸	95.3	92.7
Had pap test ⁸	92.6	94.5
Immunization		
Influenza	59.7	58.5
Pneumonia	55.5	48.3
Hepatitis B	13.3	17.0
Has personal doctor	91.6	88.6
Any health coverage	94.3	89.0
Could not see a doctor because of cost	6.4	11.1

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 39: Demographic and health behavior characteristics among persons age 60 and older, Florida and Madison County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Madison County (n=235)
	Percent	Percent
Demographics		
Age		
60-64	23.7	24.7
65-69	20.8	21.9
70-74	18.5	22.7
75-79	17.1	16.4
80-84	12.9	9.9
85+	7.1	4.4
Gender		
Female	55.3	58.4
Race/ethnicity		
White, non-Hispanic	82.9	78.1
Black, non-Hispanic	5.1	10.0
Hispanic	9.2	4.3
Other, non-Hispanic	2.9	7.6
Education		
<High school	11.4	16.5
High school	30.8	38.8
Some college	26.6	24.6
College	31.2	20.1
Annual Household Income		
\$19,999 or less	14.8	27.2
\$20,000 - \$24,999	11.5	10.5
\$25,000 - \$34,999	12.8	19.0
\$35,000 - \$49,999	15.0	11.0
\$50,000 or more	27.1	14.7
Missing	18.9	17.5
Veteran Status		
Severed on active duty	28.2	27.8
Marital Status		
Married	59.9	57.5
Divorced	11.3	8.6
Widowed	23.2	29.4
Separated	1.6	0.8
Never married	3.2	3.2
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	6.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	64.9
Emotional support		
Always or usually receive support needed	78.0	75.6
General life satisfaction		
Very satisfied or satisfied	95.3	96.4
Limited Activities¹		
Special Equipment ²	15.1	18.2
Person with disability ³	31.7	40.0

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.9
Normal weight	34.3	28.7
Overweight	40.7	39.1
Obese	22.8	30.3
Told by a health professional that you have:		
Arthritis	46.0	42.5
Asthma	9.7	16.1
Diabetes	18.3	23.6
High blood pressure	52.6	50.6
High cholesterol	50.6	60.0
Heart attack	12.8	13.7
Coronary heart disease	12.2	9.7
Stroke	6.9	8.6
Health Behavior		
Participation in physical activity or any exercise	69.5	62.3
Fruit and vegetable consumption 5 or more serving per day	27.8	27.1
Taking action to control blood pressure ⁴	96.7	95.8
Smoking status		
Smokes everyday	9.3	14.2
Smokes some days	2.3	3.1
Former smoker	45.4	29.3
Never smoked	43.0	53.4
Heavy Drinker ⁵	5.0	2.3
Binge drinker ⁶	5.5	3.7
Had checkup in past year	89.4	88.4
Tested for HIV / AIDS ⁷	23.9	28.8
Had mammogram ⁸	95.3	91.9
Had pap test ⁸	92.6	92.8
Immunization		
Influenza	59.7	59.3
Pneumonia	55.5	56.0
Hepatitis B	13.3	15.7
Has personal doctor	91.6	90.8
Any health coverage	94.3	96.0
Could not see a doctor because of cost	6.4	6.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 40: Demographic and health behavior characteristics among persons age 60 and older, Florida and Manatee County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Manatee County (n=253)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.2
65-69	20.8	23.2
70-74	18.5	14.2
75-79	17.1	16.9
80-84	12.9	14.5
85+	7.1	11.0
Gender		
Female	55.3	56.0
Race/ethnicity		
White, non-Hispanic	82.9	96.4
Black, non-Hispanic	5.1	0.8
Hispanic	9.2	0.4
Other, non-Hispanic	2.9	2.3
Education		
<High school	11.4	4.6
High school	30.8	34.8
Some college	26.6	25.4
College	31.2	35.2
Annual Household Income		
\$19,999 or less	14.8	12.6
\$20,000 - \$24,999	11.5	12.1
\$25,000 - \$34,999	12.8	11.1
\$35,000 - \$49,999	15.0	13.1
\$50,000 or more	27.1	33.9
Missing	18.9	17.1
Veteran Status		
Severed on active duty	28.2	32.4
Marital Status		
Married	59.9	67.1
Divorced	11.3	8.0
Widowed	23.2	20.7
Separated	1.6	0.3
Never married	3.2	3.5
Unmarried couple	0.8	0.4
Has children under 18 years old in household	5.3	0.4
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	77.3
Emotional support		
Always or usually receive support needed	78.0	80.0
General life satisfaction		
Very satisfied or satisfied	95.3	96.8
Limited Activities¹		
Special Equipment ²	15.1	15.1
Person with disability ³	31.7	32.6

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.1
Normal weight	34.3	37.0
Overweight	40.7	43.1
Obese	22.8	18.8
Told by a health professional that you have:		
Arthritis	46.0	53.7
Asthma	9.7	9.1
Diabetes	18.3	16.3
High blood pressure	52.6	52.1
High cholesterol	50.6	49.4
Heart attack	12.8	13.8
Coronary heart disease	12.2	14.2
Stroke	6.9	6.9
Health Behavior		
Participation in physical activity or any exercise	69.5	77.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.8
Taking action to control blood pressure ⁴	96.7	98.0
Smoking status		
Smokes everyday	9.3	6.0
Smokes some days	2.3	1.7
Former smoker	45.4	47.3
Never smoked	43.0	45.0
Heavy Drinker ⁵	5.0	3.8
Binge drinker ⁶	5.5	4.8
Had checkup in past year	89.4	86.3
Tested for HIV / AIDS ⁷	23.9	25.6
Had mammogram ⁸	95.3	93.4
Had pap test ⁸	92.6	93.3
Immunization		
Influenza	59.7	72.1
Pneumonia	55.5	70.4
Hepatitis B	13.3	19.1
Has personal doctor	91.6	94.7
Any health coverage	94.3	97.1
Could not see a doctor because of cost	6.4	7.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 41: Demographic and health behavior characteristics among persons age 60 and older, Florida and Marion County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Marion County (n=334)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.3
65-69	20.8	21.9
70-74	18.5	17.8
75-79	17.1	25.4
80-84	12.9	10.3
85+	7.1	4.3
Gender		
Female	55.3	55.1
Race/ethnicity		
White, non-Hispanic	82.9	86.9
Black, non-Hispanic	5.1	4.0
Hispanic	9.2	4.8
Other, non-Hispanic	2.9	4.3
Education		
<High school	11.4	10.8
High school	30.8	35.2
Some college	26.6	30.4
College	31.2	23.6
Annual Household Income		
\$19,999 or less	14.8	18.0
\$20,000 - \$24,999	11.5	14.3
\$25,000 - \$34,999	12.8	13.6
\$35,000 - \$49,999	15.0	17.3
\$50,000 or more	27.1	15.2
Missing	18.9	21.5
Veteran Status		
Severed on active duty	28.2	31.6
Marital Status		
Married	59.9	68.7
Divorced	11.3	8.2
Widowed	23.2	20.6
Separated	1.6	0.4
Never married	3.2	1.9
Unmarried couple	0.8	0.2
Has children under 18 years old in household	5.3	5.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	71.6
Emotional support		
Always or usually receive support needed	78.0	78.7
General life satisfaction		
Very satisfied or satisfied	95.3	96.9
Limited Activities¹		
Special Equipment ²	28.0	27.4
Person with disability ³	15.1	14.2
	31.7	34.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.9
Normal weight	34.3	30.5
Overweight	40.7	45.1
Obese	22.8	23.6
Told by a health professional that you have:		
Arthritis	46.0	49.3
Asthma	9.7	8.6
Diabetes	18.3	25.4
High blood pressure	52.6	58.3
High cholesterol	50.6	51.9
Heart attack	12.8	14.0
Coronary heart disease	12.2	16.1
Stroke	6.9	7.2
Health Behavior		
Participation in physical activity or any exercise	69.5	64.0
Fruit and vegetable consumption 5 or more serving per day	27.8	25.9
Taking action to control blood pressure ⁴	96.7	98.2
Smoking status		
Smokes everyday	9.3	9.2
Smokes some days	2.3	3.2
Former smoker	45.4	41.1
Never smoked	43.0	46.6
Heavy Drinker ⁵	5.0	3.8
Binge drinker ⁶	5.5	3.4
Had checkup in past year	89.4	92.1
Tested for HIV / AIDS ⁷	23.9	24.9
Had mammogram ⁸	95.3	93.4
Had pap test ⁸	92.6	92.9
Immunization		
Influenza	59.7	66.2
Pneumonia	55.5	64.3
Hepatitis B	13.3	11.2
Has personal doctor	91.6	91.6
Any health coverage	94.3	96.3
Could not see a doctor because of cost	6.4	6.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 42: Demographic and health behavior characteristics among persons age 60 and older, Florida and Martin County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Martin County (n=279)
	Percent	Percent
Demographics		
Age		
60-64	23.7	22.5
65-69	20.8	20.9
70-74	18.5	17.0
75-79	17.1	21.4
80-84	12.9	11.6
85+	7.1	6.6
Gender		
Female	55.3	51.6
Race/ethnicity		
White, non-Hispanic	82.9	91.6
Black, non-Hispanic	5.1	2.4
Hispanic	9.2	2.7
Other, non-Hispanic	2.9	3.3
Education		
<High school	11.4	6.5
High school	30.8	25.5
Some college	26.6	29.6
College	31.2	38.5
Annual Household Income		
\$19,999 or less	14.8	7.2
\$20,000 - \$24,999	11.5	9.5
\$25,000 - \$34,999	12.8	10.8
\$35,000 - \$49,999	15.0	18.4
\$50,000 or more	27.1	34.8
Missing	18.9	19.2
Veteran Status		
Severed on active duty	28.2	31.8
Marital Status		
Married	59.9	63.7
Divorced	11.3	7.6
Widowed	23.2	24.6
Separated	1.6	0.4
Never married	3.2	3.1
Unmarried couple	0.8	0.6
Has children under 18 years old in household	5.3	2.0
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	77.0
Emotional support		
Always or usually receive support needed	78.0	76.7
General life satisfaction		
Very satisfied or satisfied	95.3	94.6
Limited Activities¹		
	28.0	28.4
Special Equipment²		
	15.1	10.7
Person with disability³		
	31.7	31.8

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.9
Normal weight	34.3	40.1
Overweight	40.7	40.4
Obese	22.8	17.6
Told by a health professional that you have:		
Arthritis	46.0	46.9
Asthma	9.7	11.8
Diabetes	18.3	13.8
High blood pressure	52.6	44.6
High cholesterol	50.6	54.0
Heart attack	12.8	11.9
Coronary heart disease	12.2	12.3
Stroke	6.9	6.1
Health Behavior		
Participation in physical activity or any exercise	69.5	77.5
Fruit and vegetable consumption 5 or more serving per day	27.8	27.6
Taking action to control blood pressure ⁴	96.7	95.0
Smoking status		
Smokes everyday	9.3	5.1
Smokes some days	2.3	3.8
Former smoker	45.4	56.7
Never smoked	43.0	34.3
Heavy Drinker ⁵	5.0	11.4
Binge drinker ⁶	5.5	8.8
Had checkup in past year	89.4	93.6
Tested for HIV / AIDS ⁷	23.9	33.7
Had mammogram ⁸	95.3	95.8
Had pap test ⁸	92.6	96.4
Immunization		
Influenza	59.7	63.4
Pneumonia	55.5	54.1
Hepatitis B	13.3	14.4
Has personal doctor	91.6	95.2
Any health coverage	94.3	96.3
Could not see a doctor because of cost	6.4	3.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 43: Demographic and health behavior characteristics among persons age 60 and older, Florida and Miami-Dade County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Miami-Dade County (n=201)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.8
65-69	20.8	20.6
70-74	18.5	21.7
75-79	17.1	13.3
80-84	12.9	18.9
85+	7.1	4.6
Gender		
Female	55.3	58.6
Race/ethnicity		
White, non-Hispanic	82.9	30.6
Black, non-Hispanic	5.1	9.6
Hispanic	9.2	59.0
Other, non-Hispanic	2.9	0.9
Education		
<High school	11.4	25.3
High school	30.8	30.7
Some college	26.6	18.0
College	31.2	26.0
Annual Household Income		
\$19,999 or less	14.8	23.7
\$20,000 - \$24,999	11.5	11.2
\$25,000 - \$34,999	12.8	16.6
\$35,000 - \$49,999	15.0	11.9
\$50,000 or more	27.1	11.9
Missing	18.9	24.7
Veteran Status		
Severed on active duty	28.2	10.1
Marital Status		
Married	59.9	48.2
Divorced	11.3	11.9
Widowed	23.2	28.5
Separated	1.6	6.6
Never married	3.2	3.7
Unmarried couple	0.8	1.2
Has children under 18 years old in household	5.3	13.2
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	61.0
Emotional support		
Always or usually receive support needed	78.0	69.6
General life satisfaction		
Very satisfied or satisfied	95.3	94.7
Limited Activities¹		
Special Equipment ²	28.0	26.6
Person with disability ³	15.1	14.9
	31.7	30.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.6
Normal weight	34.3	32.1
Overweight	40.7	42.5
Obese	22.8	22.8
Told by a health professional that you have:		
Arthritis	46.0	43.7
Asthma	9.7	8.8
Diabetes	18.3	20.7
High blood pressure	52.6	46.5
High cholesterol	50.6	48.7
Heart attack	12.8	13.1
Coronary heart disease	12.2	11.5
Stroke	6.9	4.9
Health Behavior		
Participation in physical activity or any exercise	69.5	54.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	24.3
Taking action to control blood pressure ⁴	96.7	95.9
Smoking status		
Smokes everyday	9.3	7.8
Smokes some days	2.3	4.2
Former smoker	45.4	36.0
Never smoked	43.0	52.1
Heavy Drinker ⁵	5.0	1.3
Binge drinker ⁶	5.5	4.4
Had checkup in past year	89.4	88.8
Tested for HIV / AIDS ⁷	23.9	33.6
Had mammogram ⁸	95.3	94.4
Had pap test ⁸	92.6	89.1
Immunization		
Influenza	59.7	42.8
Pneumonia	55.5	34.5
Hepatitis B	13.3	12.3
Has personal doctor	91.6	84.6
Any health coverage	94.3	87.1
Could not see a doctor because of cost	6.4	11.0

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 44: Demographic and health behavior characteristics among persons age 60 and older, Florida and Monroe County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Monroe County (n=189)
	Percent	Percent
Demographics		
Age		
60-64	23.7	30.6
65-69	20.8	26.6
70-74	18.5	16.2
75-79	17.1	10.2
80-84	12.9	11.0
85+	7.1	5.4
Gender		
Female	55.3	48.0
Race/ethnicity		
White, non-Hispanic	82.9	91.4
Black, non-Hispanic	5.1	0.6
Hispanic	9.2	4.9
Other, non-Hispanic	2.9	3.1
Education		
<High school	11.4	8.0
High school	30.8	24.7
Some college	26.6	24.9
College	31.2	42.5
Annual Household Income		
\$19,999 or less	14.8	9.9
\$20,000 - \$24,999	11.5	5.8
\$25,000 - \$34,999	12.8	11.2
\$35,000 - \$49,999	15.0	11.5
\$50,000 or more	27.1	44.2
Missing	18.9	17.3
Veteran Status		
Severed on active duty	28.2	31.3
Marital Status		
Married	59.9	69.5
Divorced	11.3	12.1
Widowed	23.2	13.3
Separated	1.6	0.0
Never married	3.2	4.2
Unmarried couple	0.8	0.9
Has children under 18 years old in household	5.3	2.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	81.8
Emotional support		
Always or usually receive support needed	78.0	80.4
General life satisfaction		
Very satisfied or satisfied	95.3	97.1
Limited Activities¹		
Special Equipment ²	15.1	10.2
Person with disability ³	31.7	25.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.7
Normal weight	34.3	43.7
Overweight	40.7	42.8
Obese	22.8	12.8
Told by a health professional that you have:		
Arthritis	46.0	57.0
Asthma	9.7	12.3
Diabetes	18.3	12.7
High blood pressure	52.6	36.6
High cholesterol	50.6	45.0
Heart attack	12.8	5.9
Coronary heart disease	12.2	12.2
Stroke	6.9	5.7
Health Behavior		
Participation in physical activity or any exercise	69.5	72.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	32.1
Taking action to control blood pressure ⁴	96.7	97.6
Smoking status		
Smokes everyday	9.3	11.8
Smokes some days	2.3	1.6
Former smoker	45.4	46.9
Never smoked	43.0	39.7
Heavy Drinker ⁵	5.0	8.7
Binge drinker ⁶	5.5	11.0
Had checkup in past year	89.4	84.2
Tested for HIV / AIDS ⁷	23.9	26.0
Had mammogram ⁸	95.3	90.5
Had pap test ⁸	92.6	89.4
Immunization		
Influenza	59.7	60.0
Pneumonia	55.5	46.8
Hepatitis B	13.3	14.7
Has personal doctor	91.6	83.9
Any health coverage	94.3	92.8
Could not see a doctor because of cost	6.4	95.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 45: Demographic and health behavior characteristics among persons age 60 and older, Florida and Nassau County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Nassau County (n=213)
	Percent	Percent
Demographics		
Age		
60-64	23.7	30.5
65-69	20.8	22.6
70-74	18.5	20.8
75-79	17.1	8.6
80-84	12.9	7.8
85+	7.1	9.7
Gender		
Female	55.3	52.5
Race/ethnicity		
White, non-Hispanic	82.9	89.1
Black, non-Hispanic	5.1	4.1
Hispanic	9.2	4.0
Other, non-Hispanic	2.9	2.9
Education		
<High school	11.4	9.9
High school	30.8	25.9
Some college	26.6	25.8
College	31.2	38.4
Annual Household Income		
\$19,999 or less	14.8	9.9
\$20,000 - \$24,999	11.5	9.6
\$25,000 - \$34,999	12.8	12.7
\$35,000 - \$49,999	15.0	12.3
\$50,000 or more	27.1	38.6
Missing	18.9	16.9
Veteran Status		
Severed on active duty	28.2	36.9
Marital Status		
Married	59.9	70.2
Divorced	11.3	8.0
Widowed	23.2	18.9
Separated	1.6	0.7
Never married	3.2	1.0
Unmarried couple	0.8	1.2
Has children under 18 years old in household	5.3	4.0
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	75.7
Emotional support		
Always or usually receive support needed	78.0	75.3
General life satisfaction		
Very satisfied or satisfied	95.3	96.4
Limited Activities¹		
Special Equipment ²	15.1	10.1
Person with disability ³	31.7	27.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.3
Normal weight	34.3	46.6
Overweight	40.7	44.1
Obese	22.8	23.3
Told by a health professional that you have:		
Arthritis	46.0	46.6
Asthma	9.7	8.3
Diabetes	18.3	20.2
High blood pressure	52.6	59.4
High cholesterol	50.6	52.1
Heart attack	12.8	13.6
Coronary heart disease	12.2	12.7
Stroke	6.9	9.5
Health Behavior		
Participation in physical activity or any exercise	69.5	70.9
Fruit and vegetable consumption 5 or more serving per day	27.8	28.5
Taking action to control blood pressure ⁴	96.7	94.4
Smoking status		
Smokes everyday	9.3	10.2
Smokes some days	2.3	2.5
Former smoker	45.4	51.0
Never smoked	43.0	36.3
Heavy Drinker ⁵	5.0	7.5
Binge drinker ⁶	5.5	4.4
Had checkup in past year	89.4	85.6
Tested for HIV / AIDS ⁷	23.9	11.5
Had mammogram ⁸	95.3	95.2
Had pap test ⁸	92.6	94.4
Immunization		
Influenza	59.7	65.5
Pneumonia	55.5	62.7
Hepatitis B	13.3	15.9
Has personal doctor	91.6	94.7
Any health coverage	94.3	94.5
Could not see a doctor because of cost	6.4	5.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 46: Demographic and health behavior characteristics among persons age 60 and older, Florida and Okaloosa County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Okaloosa County (n=181)
	Percent	Percent
Demographics		
Age		
60-64	23.7	31.2
65-69	20.8	27.6
70-74	18.5	15.6
75-79	17.1	15.3
80-84	12.9	6.3
85+	7.1	4.0
Gender		
Female	55.3	54.6
Race/ethnicity		
White, non-Hispanic	82.9	92.3
Black, non-Hispanic	5.1	0.8
Hispanic	9.2	1.3
Other, non-Hispanic	2.9	5.6
Education		
<High school	11.4	4.8
High school	30.8	26.0
Some college	26.6	27.3
College	31.2	41.9
Annual Household Income		
\$19,999 or less	14.8	8.6
\$20,000 - \$24,999	11.5	6.0
\$25,000 - \$34,999	12.8	13.9
\$35,000 - \$49,999	15.0	9.7
\$50,000 or more	27.1	37.8
Missing	18.9	24.1
Veteran Status		
Severed on active duty	28.2	41.7
Marital Status		
Married	59.9	70.2
Divorced	11.3	9.3
Widowed	23.2	17.2
Separated	1.6	0.7
Never married	3.2	1.9
Unmarried couple	0.8	0.6
Has children under 18 years old in household	5.3	5.2
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	75.8
Emotional support		
Always or usually receive support needed	78.0	88.2
General life satisfaction		
Very satisfied or satisfied	95.3	98.4
Limited Activities¹		
	28.0	32.8
Special Equipment²		
	15.1	12.2
Person with disability³		
	31.7	36.8

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.4
Normal weight	34.3	40.6
Overweight	40.7	43.0
Obese	22.8	15.0
Told by a health professional that you have:		
Arthritis	46.0	46.1
Asthma	9.7	12.1
Diabetes	18.3	21.4
High blood pressure	52.6	52.1
High cholesterol	50.6	61.0
Heart attack	12.8	14.2
Coronary heart disease	12.2	9.7
Stroke	6.9	3.8
Health Behavior		
Participation in physical activity or any exercise	69.5	75.3
Fruit and vegetable consumption		
5 or more serving per day	27.8	23.5
Taking action to control blood pressure ⁴	96.7	98.1
Smoking status		
Smokes everyday	9.3	17.7
Smokes some days	2.3	4.0
Former smoker	45.4	37.4
Never smoked	43.0	40.9
Heavy Drinker ⁵	5.0	7.5
Binge drinker ⁶	5.5	6.2
Had checkup in past year	89.4	86.9
Tested for HIV / AIDS ⁷	23.9	29.0
Had mammogram ⁸	95.3	94.3
Had pap test ⁸	92.6	95.4
Immunization		
Influenza	59.7	60.9
Pneumonia	55.5	54.6
Hepatitis B	13.3	13.1
Has personal doctor	91.6	86.8
Any health coverage	94.3	97.6
Could not see a doctor because of cost	6.4	1.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 47: Demographic and health behavior characteristics among persons age 60 and older, Florida and Okeechobee County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Okeechobee County (n=339)
	Percent	Percent
Demographics		
Age		
60-64	23.7	22.8
65-69	20.8	24.6
70-74	18.5	18.3
75-79	17.1	17.5
80-84	12.9	13.1
85+	7.1	3.7
Gender		
Female	55.3	49.7
Race/ethnicity		
White, non-Hispanic	82.9	92.4
Black, non-Hispanic	5.1	2.9
Hispanic	9.2	3.5
Other, non-Hispanic	2.9	1.1
Education		
<High school	11.4	19.7
High school	30.8	47.1
Some college	26.6	16.4
College	31.2	16.8
Annual Household Income		
\$19,999 or less	14.8	25.3
\$20,000 - \$24,999	11.5	13.0
\$25,000 - \$34,999	12.8	14.4
\$35,000 - \$49,999	15.0	16.5
\$50,000 or more	27.1	14.8
Missing	18.9	16.0
Veteran Status		
Severed on active duty	28.2	28.6
Marital Status		
Married	59.9	60.5
Divorced	11.3	15.5
Widowed	23.2	21.6
Separated	1.6	0.6
Never married	3.2	1.0
Unmarried couple	0.8	0.7
Has children under 18 years old in household	5.3	7.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	67.4
Emotional support		
Always or usually receive support needed	78.0	75.3
General life satisfaction		
Very satisfied or satisfied	95.3	91.1
Limited Activities¹		
Special Equipment ²	15.1	18.4
Person with disability ³	31.7	40.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.8
Normal weight	34.3	24.7
Overweight	40.7	34.1
Obese	22.8	39.4
Told by a health professional that you have:		
Arthritis	46.0	54.2
Asthma	9.7	12.7
Diabetes	18.3	27.3
High blood pressure	52.6	50.0
High cholesterol	50.6	51.7
Heart attack	12.8	19.2
Coronary heart disease	12.2	19.9
Stroke	6.9	9.2
Health Behavior		
Participation in physical activity or any exercise	69.5	63.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	22.5
Taking action to control blood pressure ⁴	96.7	94.8
Smoking status		
Smokes everyday	9.3	13.6
Smokes some days	2.3	3.2
Former smoker	45.4	45.8
Never smoked	43.0	37.5
Heavy Drinker ⁵	5.0	6.3
Binge drinker ⁶	5.5	8.5
Had checkup in past year	89.4	85.3
Tested for HIV / AIDS ⁷	23.9	12.4
Had mammogram ⁸	95.3	93.4
Had pap test ⁸	92.6	90.7
Immunization		
Influenza	59.7	63.7
Pneumonia	55.5	61.5
Hepatitis B	13.3	7.2
Has personal doctor	91.6	85.0
Any health coverage	94.3	94.1
Could not see a doctor because of cost	6.4	5.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 48: Demographic and health behavior characteristics among persons age 60 and older, Florida and Orange County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Orange County (n=225)
	Percent	Percent
Demographics		
Age		
60-64	23.7	31.9
65-69	20.8	22.9
70-74	18.5	16.4
75-79	17.1	17.0
80-84	12.9	7.7
85+	7.1	4.0
Gender		
Female	55.3	53.7
Race/ethnicity		
White, non-Hispanic	82.9	75.3
Black, non-Hispanic	5.1	13.6
Hispanic	9.2	7.4
Other, non-Hispanic	2.9	3.7
Education		
<High school	11.4	13.8
High school	30.8	35.0
Some college	26.6	28.1
College	31.2	23.1
Annual Household Income		
\$19,999 or less	14.8	14.2
\$20,000 - \$24,999	11.5	14.8
\$25,000 - \$34,999	12.8	7.8
\$35,000 - \$49,999	15.0	25.0
\$50,000 or more	27.1	20.1
Missing	18.9	18.2
Veteran Status		
Severed on active duty	28.2	27.3
Marital Status		
Married	59.9	54.6
Divorced	11.3	19.1
Widowed	23.2	20.0
Separated	1.6	2.9
Never married	3.2	3.3
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	8.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	66.1
Emotional support		
Always or usually receive support needed	78.0	71.8
General life satisfaction		
Very satisfied or satisfied	95.3	94.6
Limited Activities¹		
	28.0	30.9
Special Equipment²		
	15.1	17.3
Person with disability³		
	31.7	33.8

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.1
Normal weight	34.3	38.3
Overweight	40.7	31.0
Obese	22.8	27.6
Told by a health professional that you have:		
Arthritis	46.0	46.8
Asthma	9.7	6.1
Diabetes	18.3	18.3
High blood pressure	52.6	54.0
High cholesterol	50.6	41.8
Heart attack	12.8	9.3
Coronary heart disease	12.2	10.3
Stroke	6.9	4.2
Health Behavior		
Participation in physical activity or any exercise	69.5	65.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	30.9
Taking action to control blood pressure ⁴	96.7	97.8
Smoking status		
Smokes everyday	9.3	7.4
Smokes some days	2.3	5.2
Former smoker	45.4	38.4
Never smoked	43.0	49.0
Heavy Drinker ⁵	5.0	4.0
Binge drinker ⁶	5.5	3.3
Had checkup in past year	89.4	89.2
Tested for HIV / AIDS ⁷	23.9	14.4
Had mammogram ⁸	95.3	95.3
Had pap test ⁸	92.6	91.3
Immunization		
Influenza	59.7	54.2
Pneumonia	55.5	51.4
Hepatitis B	13.3	12.9
Has personal doctor	91.6	92.6
Any health coverage	94.3	91.1
Could not see a doctor because of cost	6.4	10.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 49: Demographic and health behavior characteristics among persons age 60 and older, Florida and Osceola County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Osceola County (n=219)
	Percent	Percent
Demographics		
Age		
60-64	23.7	27.6
65-69	20.8	25.2
70-74	18.5	14.8
75-79	17.1	17.9
80-84	12.9	5.8
85+	7.1	8.6
Gender		
Female	55.3	52.0
Race/ethnicity		
White, non-Hispanic	82.9	73.3
Black, non-Hispanic	5.1	4.0
Hispanic	9.2	16.8
Other, non-Hispanic	2.9	5.8
Education		
<High school	11.4	14.5
High school	30.8	31.6
Some college	26.6	27.6
College	31.2	26.3
Annual Household Income		
\$19,999 or less	14.8	16.1
\$20,000 - \$24,999	11.5	15.5
\$25,000 - \$34,999	12.8	13.8
\$35,000 - \$49,999	15.0	15.3
\$50,000 or more	27.1	19.7
Missing	18.9	19.7
Veteran Status		
Severed on active duty	28.2	32.6
Marital Status		
Married	59.9	66.2
Divorced	11.3	7.2
Widowed	23.2	23.6
Separated	1.6	1.1
Never married	3.2	1.9
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	4.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	71.7
Emotional support		
Always or usually receive support needed	78.0	74.1
General life satisfaction		
Very satisfied or satisfied	95.3	93.0
Limited Activities¹		
Special Equipment ²	15.1	19.9
Person with disability ³	31.7	40.0

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.6
Normal weight	34.3	31.1
Overweight	40.7	47.5
Obese	22.8	20.8
Told by a health professional that you have:		
Arthritis	46.0	49.0
Asthma	9.7	11.8
Diabetes	18.3	26.8
High blood pressure	52.6	45.6
High cholesterol	50.6	51.1
Heart attack	12.8	14.1
Coronary heart disease	12.2	11.7
Stroke	6.9	9.5
Health Behavior		
Participation in physical activity or any exercise	69.5	69.5
Fruit and vegetable consumption		
5 or more serving per day	27.8	24.9
Taking action to control blood pressure ⁴	96.7	97.4
Smoking status		
Smokes everyday	9.3	11.4
Smokes some days	2.3	4.1
Former smoker	45.4	42.9
Never smoked	43.0	41.6
Heavy Drinker ⁵	5.0	2.4
Binge drinker ⁶	5.5	5.1
Had checkup in past year	89.4	87.3
Tested for HIV / AIDS ⁷	23.9	19.2
Had mammogram ⁸	95.3	95.2
Had pap test ⁸	92.6	92.9
Immunization		
Influenza	59.7	55.3
Pneumonia	55.5	50.6
Hepatitis B	13.3	18.9
Has personal doctor	91.6	95.3
Any health coverage	94.3	91.4
Could not see a doctor because of cost	6.4	9.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 50: Demographic and health behavior characteristics among persons age 60 and older, Florida and Palm Beach County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Palm Beach County (n=273)
	Percent	Percent
Demographics		
Age		
60-64	23.7	18.3
65-69	20.8	16.9
70-74	18.5	18.8
75-79	17.1	22.2
80-84	12.9	13.7
85+	7.1	10.1
Gender		
Female	55.3	56.8
Race/ethnicity		
White, non-Hispanic	82.9	92.8
Black, non-Hispanic	5.1	3.8
Hispanic	9.2	2.0
Other, non-Hispanic	2.9	1.5
Education		
<High school	11.4	7.2
High school	30.8	27.0
Some college	26.6	28.5
College	31.2	37.2
Annual Household Income		
\$19,999 or less	14.8	11.7
\$20,000 - \$24,999	11.5	7.4
\$25,000 - \$34,999	12.8	10.5
\$35,000 - \$49,999	15.0	13.7
\$50,000 or more	27.1	40.1
Missing	18.9	16.6
Veteran Status		
Severed on active duty	28.2	31.8
Marital Status		
Married	59.9	59.3
Divorced	11.3	10.6
Widowed	23.2	25.7
Separated	1.6	0.2
Never married	3.2	3.2
Unmarried couple	0.8	1.0
Has children under 18 years old in household	5.3	2.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	82.1
Emotional support		
Always or usually receive support needed	78.0	78.5
General life satisfaction		
Very satisfied or satisfied	95.3	93.2
Limited Activities¹		
Special Equipment ²	15.1	11.7
Person with disability ³	31.7	27.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.0
Normal weight	34.3	39.5
Overweight	40.7	41.8
Obese	22.8	16.6
Told by a health professional that you have:		
Arthritis	46.0	43.0
Asthma	9.7	8.9
Diabetes	18.3	14.0
High blood pressure	52.6	48.8
High cholesterol	50.6	47.1
Heart attack	12.8	14.2
Coronary heart disease	12.2	13.8
Stroke	6.9	5.9
Health Behavior		
Participation in physical activity or any exercise	69.5	76.8
Fruit and vegetable consumption		
5 or more serving per day	27.8	23.7
Taking action to control blood pressure ⁴	96.7	96.9
Smoking status		
Smokes everyday	9.3	6.2
Smokes some days	2.3	1.7
Former smoker	45.4	55.9
Never smoked	43.0	36.2
Heavy Drinker ⁵	5.0	6.9
Binge drinker ⁶	5.5	5.7
Had checkup in past year	89.4	90.9
Tested for HIV / AIDS ⁷	23.9	19.7
Had mammogram ⁸	95.3	98.2
Had pap test ⁸	92.6	90.7
Immunization		
Influenza	59.7	66.8
Pneumonia	55.5	59.4
Hepatitis B	13.3	15.1
Has personal doctor	91.6	91.8
Any health coverage	94.3	97.1
Could not see a doctor because of cost	6.4	2.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 51: Demographic and health behavior characteristics among persons age 60 and older, Florida and Pasco County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Pasco County (n=266)
	Percent	Percent
Demographics		
Age		
60-64	23.7	20.1
65-69	20.8	19.6
70-74	18.5	17.7
75-79	17.1	16.6
80-84	12.9	18.4
85+	7.1	7.5
Gender		
Female	55.3	56.7
Race/ethnicity		
White, non-Hispanic	82.9	94.4
Black, non-Hispanic	5.1	1.7
Hispanic	9.2	1.7
Other, non-Hispanic	2.9	2.2
Education		
<High school	11.4	13.0
High school	30.8	38.1
Some college	26.6	29.4
College	31.2	19.5
Annual Household Income		
\$19,999 or less	14.8	17.2
\$20,000 - \$24,999	11.5	17.5
\$25,000 - \$34,999	12.8	14.2
\$35,000 - \$49,999	15.0	15.9
\$50,000 or more	27.1	16.7
Missing	18.9	18.5
Veteran Status		
Severed on active duty	28.2	29.1
Marital Status		
Married	59.9	61.8
Divorced	11.3	11.2
Widowed	23.2	23.0
Separated	1.6	0.3
Never married	3.2	3.0
Unmarried couple	0.8	0.8
Has children under 18 years old in household	5.3	4.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	79.2
Emotional support		
Always or usually receive support needed	78.0	71.0
General life satisfaction		
Very satisfied or satisfied	95.3	93.5
Limited Activities ¹	28.0	24.6
Special Equipment ²	15.1	17.0
Person with disability ³	31.7	29.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.0
Normal weight	34.3	39.0
Overweight	40.7	38.6
Obese	22.8	20.4
Told by a health professional that you have:		
Arthritis	46.0	48.5
Asthma	9.7	9.1
Diabetes	18.3	15.9
High blood pressure	52.6	55.4
High cholesterol	50.6	46.5
Heart attack	12.8	17.3
Coronary heart disease	12.2	14.5
Stroke	6.9	7.9
Health Behavior		
Participation in physical activity or any exercise	69.5	71.6
Fruit and vegetable consumption 5 or more serving per day	27.8	26.2
Taking action to control blood pressure ⁴	96.7	
Smoking status		
Smokes everyday	9.3	11.5
Smokes some days	2.3	2.1
Former smoker	45.4	42.2
Never smoked	43.0	44.1
Heavy Drinker ⁵	5.0	7.4
Binge drinker ⁶	5.5	6.5
Had checkup in past year	89.4	90.4
Tested for HIV / AIDS ⁷	23.9	20.6
Had mammogram ⁸	95.3	94.0
Had pap test ⁸	92.6	92.7
Immunization		
Influenza	59.7	57.1
Pneumonia	55.5	63.2
Hepatitis B	13.3	8.7
Has personal doctor	91.6	91.8
Any health coverage	94.3	95.1
Could not see a doctor because of cost	6.4	6.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 52: Demographic and health behavior characteristics among persons age 60 and older, Florida and Pinellas County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Pinellas County (n=253)
	Percent	Percent
Demographics		
Age		
60-64	23.7	23.6
65-69	20.8	17.5
70-74	18.5	18.8
75-79	17.1	15.7
80-84	12.9	16.2
85+	7.1	8.2
Gender		
Female	55.3	59.0
Race/ethnicity		
White, non-Hispanic	82.9	93.2
Black, non-Hispanic	5.1	4.1
Hispanic	9.2	0.9
Other, non-Hispanic	2.9	1.8
Education		
<High school	11.4	9.9
High school	30.8	27.9
Some college	26.6	26.6
College	31.2	35.6
Annual Household Income		
\$19,999 or less	14.8	16.2
\$20,000 - \$24,999	11.5	12.1
\$25,000 - \$34,999	12.8	17.3
\$35,000 - \$49,999	15.0	18.6
\$50,000 or more	27.1	23.4
Missing	18.9	12.4
Veteran Status		
Severed on active duty	28.2	29.6
Marital Status		
Married	59.9	53.1
Divorced	11.3	15.6
Widowed	23.2	25.0
Separated	1.6	0.7
Never married	3.2	4.8
Unmarried couple	0.8	0.7
Has children under 18 years old in household	5.3	3.2
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	76.4
Emotional support		
Always or usually receive support needed	78.0	76.7
General life satisfaction		
Very satisfied or satisfied	95.3	93.8
Limited Activities¹		
Special Equipment ²	15.1	17.7
Person with disability ³	31.7	32.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.4
Normal weight	34.3	34.1
Overweight	40.7	36.1
Obese	22.8	27.4
Told by a health professional that you have:		
Arthritis	46.0	44.9
Asthma	9.7	10.2
Diabetes	18.3	18.1
High blood pressure	52.6	51.6
High cholesterol	50.6	53.9
Heart attack	12.8	13.8
Coronary heart disease	12.2	10.9
Stroke	6.9	10.2
Health Behavior		
Participation in physical activity or any exercise	69.5	70.9
Fruit and vegetable consumption 5 or more serving per day	27.8	29.5
Taking action to control blood pressure ⁴	96.7	94.3
Smoking status		
Smokes everyday	9.3	8.3
Smokes some days	2.3	2.7
Former smoker	45.4	50.1
Never smoked	43.0	38.9
Heavy Drinker ⁵	5.0	4.3
Binge drinker ⁶	5.5	3.0
Had checkup in past year	89.4	93.8
Tested for HIV / AIDS ⁷	23.9	19.6
Had mammogram ⁸	95.3	98.3
Had pap test ⁸	92.6	96.8
Immunization		
Influenza	59.7	61.0
Pneumonia	55.5	57.9
Hepatitis B	13.3	17.0
Has personal doctor	91.6	95.1
Any health coverage	94.3	96.5
Could not see a doctor because of cost	6.4	6.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 53: Demographic and health behavior characteristics among persons age 60 and older, Florida and Polk County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Polk County (n=208)
	Percent	Percent
Demographics		
Age		
60-64	23.7	25.5
65-69	20.8	19.7
70-74	18.5	20.4
75-79	17.1	20.2
80-84	12.9	10.5
85+	7.1	3.7
Gender		
Female	55.3	51.6
Race/ethnicity		
White, non-Hispanic	82.9	89.8
Black, non-Hispanic	5.1	4.6
Hispanic	9.2	2.6
Other, non-Hispanic	2.9	3.0
Education		
<High school	11.4	21.0
High school	30.8	32.8
Some college	26.6	27.8
College	31.2	18.4
Annual Household Income		
\$19,999 or less	14.8	15.2
\$20,000 - \$24,999	11.5	10.2
\$25,000 - \$34,999	12.8	14.0
\$35,000 - \$49,999	15.0	12.9
\$50,000 or more	27.1	24.0
Missing	18.9	23.8
Veteran Status		
Severed on active duty	28.2	29.9
Marital Status		
Married	59.9	62.3
Divorced	11.3	12.2
Widowed	23.2	21.8
Separated	1.6	1.0
Never married	3.2	2.8
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	6.8
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	65.7
Emotional support		
Always or usually receive support needed	78.0	80.4
General life satisfaction		
Very satisfied or satisfied	95.3	98.7
Limited Activities¹		
Special Equipment ²	15.1	20.0
Person with disability ³	31.7	35.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.2
Normal weight	34.3	27.3
Overweight	40.7	33.5
Obese	22.8	35.9
Told by a health professional that you have:		
Arthritis	46.0	51.2
Asthma	9.7	16.3
Diabetes	18.3	20.6
High blood pressure	52.6	54.9
High cholesterol	50.6	58.9
Heart attack	12.8	14.2
Coronary heart disease	12.2	13.7
Stroke	6.9	8.8
Health Behavior		
Participation in physical activity or any exercise	69.5	65.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	27.4
Taking action to control blood pressure ⁴	96.7	98.1
Smoking status		
Smokes everyday	9.3	11.9
Smokes some days	2.3	1.4
Former smoker	45.4	50.2
Never smoked	43.0	36.4
Heavy Drinker ⁵	5.0	5.3
Binge drinker ⁶	5.5	6.9
Had checkup in past year	89.4	91.4
Tested for HIV / AIDS ⁷	23.9	22.2
Had mammogram ⁸	95.3	91.6
Had pap test ⁸	92.6	91.0
Immunization		
Influenza	59.7	57.9
Pneumonia	55.5	56.2
Hepatitis B	13.3	13.5
Has personal doctor	91.6	93.7
Any health coverage	94.3	98.7
Could not see a doctor because of cost	6.4	5.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 54: Demographic and health behavior characteristics among persons age 60 and older, Florida and Putnam County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Putnam County (n=204)
	Percent	Percent
Demographics		
Age		
60-64	23.7	25.2
65-69	20.8	22.3
70-74	18.5	20.0
75-79	17.1	17.3
80-84	12.9	9.0
85+	7.1	6.2
Gender		
Female	55.3	53.6
Race/ethnicity		
White, non-Hispanic	82.9	90.2
Black, non-Hispanic	5.1	3.8
Hispanic	9.2	3.7
Other, non-Hispanic	2.9	2.3
Education		
<High school	11.4	18.6
High school	30.8	38.9
Some college	26.6	21.9
College	31.2	20.6
Annual Household Income		
\$19,999 or less	14.8	24.3
\$20,000 - \$24,999	11.5	20.4
\$25,000 - \$34,999	12.8	12.9
\$35,000 - \$49,999	15.0	11.9
\$50,000 or more	27.1	15.2
Missing	18.9	15.3
Veteran Status		
Severed on active duty	28.2	34.1
Marital Status		
Married	59.9	60.5
Divorced	11.3	1.7
Widowed	23.2	20.4
Separated	1.6	4.1
Never married	3.2	1.2
Unmarried couple	0.8	1.0
Has children under 18 years old in household	5.3	4.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	66.6
Emotional support		
Always or usually receive support needed	78.0	79.4
General life satisfaction		
Very satisfied or satisfied	95.3	94.3
Limited Activities ¹	28.0	36.8
Special Equipment ²	15.1	24.1
Person with disability ³	31.7	42.8

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.3
Normal weight	34.3	35.1
Overweight	40.7	37.5
Obese	22.8	27.1
Told by a health professional that you have:		
Arthritis	46.0	56.6
Asthma	9.7	8.0
Diabetes	18.3	23.0
High blood pressure	52.6	60.8
High cholesterol	50.6	54.4
Heart attack	12.8	15.4
Coronary heart disease	12.2	14.6
Stroke	6.9	13.0
Health Behavior		
Participation in physical activity or any exercise	69.5	66.9
Fruit and vegetable consumption		
5 or more serving per day	27.8	32.0
Taking action to control blood pressure ⁴	96.7	96.1
Smoking status		
Smokes everyday	9.3	17.0
Smokes some days	2.3	1.9
Former smoker	45.4	39.0
Never smoked	43.0	42.1
Heavy Drinker ⁵	5.0	7.1
Binge drinker ⁶	5.5	6.3
Had checkup in past year	89.4	88.8
Tested for HIV / AIDS ⁷	23.9	23.1
Had mammogram ⁸	95.3	96.9
Had pap test ⁸	92.6	91.8
Immunization		
Influenza	59.7	62.2
Pneumonia	55.5	61.4
Hepatitis B	13.3	11.5
Has personal doctor	91.6	89.1
Any health coverage	94.3	93.8
Could not see a doctor because of cost	6.4	7.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 55: Demographic and health behavior characteristics among persons age 60 and older, Florida and St. Johns County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	St. County (n=217)
	Percent	Percent
Demographics		
Age		
60-64	23.7	35.7
65-69	20.8	19.0
70-74	18.5	17.0
75-79	17.1	13.2
80-84	12.9	10.3
85+	7.1	4.9
Gender		
Female	55.3	53.6
Race/ethnicity		
White, non-Hispanic	82.9	88.6
Black, non-Hispanic	5.1	5.3
Hispanic	9.2	2.8
Other, non-Hispanic	2.9	3.4
Education		
<High school	11.4	5.1
High school	30.8	27.8
Some college	26.6	28.5
College	31.2	38.6
Annual Household Income		
\$19,999 or less	14.8	7.7
\$20,000 - \$24,999	11.5	5.3
\$25,000 - \$34,999	12.8	9.2
\$35,000 - \$49,999	15.0	13.9
\$50,000 or more	27.1	42.1
Missing	18.9	21.8
Veteran Status		
Severed on active duty	28.2	36.8
Marital Status		
Married	59.9	72.6
Divorced	11.3	9.9
Widowed	23.2	16.5
Separated	1.6	0.0
Never married	3.2	1.0
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	1.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	82.0
Emotional support		
Always or usually receive support needed	78.0	84.8
General life satisfaction		
Very satisfied or satisfied	95.3	98.6
Limited Activities¹		
	28.0	27.8
Special Equipment²		
	15.1	13.9
Person with disability³		
	31.7	30.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.5
Normal weight	34.3	35.4
Overweight	40.7	42.1
Obese	22.8	22.0
Told by a health professional that you have:		
Arthritis	46.0	44.3
Asthma	9.7	9.5
Diabetes	18.3	19.1
High blood pressure	52.6	51.2
High cholesterol	50.6	55.3
Heart attack	12.8	10.2
Coronary heart disease	12.2	16.5
Stroke	6.9	9.3
Health Behavior		
Participation in physical activity or any exercise	69.5	76.8
Fruit and vegetable consumption		
5 or more serving per day	27.8	33.0
Taking action to control blood pressure ⁴	96.7	94.2
Smoking status		
Smokes everyday	9.3	8.3
Smokes some days	2.3	3.0
Former smoker	45.4	47.2
Never smoked	43.0	41.5
Heavy Drinker ⁵	5.0	7.4
Binge drinker ⁶	5.5	4.0
Had checkup in past year	89.4	89.8
Tested for HIV / AIDS ⁷	23.9	13.2
Had mammogram ⁸	95.3	96.5
Had pap test ⁸	92.6	93.3
Immunization		
Influenza	59.7	65.4
Pneumonia	55.5	57.1
Hepatitis B	13.3	15.1
Has personal doctor	91.6	92.4
Any health coverage	94.3	95.7
Could not see a doctor because of cost	6.4	3.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 56 Demographic and health behavior characteristics among persons age 60 and older, Florida and St. Lucie County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	St. County (n=227)
	Percent	Percent
Demographics		
Age		
60-64	23.7	18.9
65-69	20.8	23.7
70-74	18.5	16.9
75-79	17.1	18.6
80-84	12.9	16.1
85+	7.1	5.8
Gender		
Female	55.3	55.4
Race/ethnicity		
White, non-Hispanic	82.9	85.4
Black, non-Hispanic	5.1	5.5
Hispanic	9.2	6.6
Other, non-Hispanic	2.9	2.5
Education		
<High school	11.4	10.8
High school	30.8	29.8
Some college	26.6	31.6
College	31.2	27.8
Annual Household Income		
\$19,999 or less	14.8	12.1
\$20,000 - \$24,999	11.5	9.3
\$25,000 - \$34,999	12.8	19.0
\$35,000 - \$49,999	15.0	12.3
\$50,000 or more	27.1	26.0
Missing	18.9	21.3
Veteran Status		
Severed on active duty	28.2	29.2
Marital Status		
Married	59.9	62.5
Divorced	11.3	7.8
Widowed	23.2	23.1
Separated	1.6	3.1
Never married	3.2	3.1
Unmarried couple	0.8	0.3
Has children under 18 years old in household	5.3	0.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	74.8
Emotional support		
Always or usually receive support needed	78.0	77.5
General life satisfaction		
Very satisfied or satisfied	95.3	95.1
Limited Activities¹		
Special Equipment ²	15.1	12.2
Person with disability ³	31.7	28.8

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.8
Normal weight	34.3	35.7
Overweight	40.7	41.2
Obese	22.8	21.2
Told by a health professional that you have:		
Arthritis	46.0	47.5
Asthma	9.7	9.0
Diabetes	18.3	14.2
High blood pressure	52.6	45.5
High cholesterol	50.6	48.1
Heart attack	12.8	10.7
Coronary heart disease	12.2	13.4
Stroke	6.9	5.9
Health Behavior		
Participation in physical activity or any exercise	69.5	68.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.0
Taking action to control blood pressure ⁴	96.7	96.4
Smoking status		
Smokes everyday	9.3	8.6
Smokes some days	2.3	2.8
Former smoker	45.4	44.9
Never smoked	43.0	43.7
Heavy Drinker ⁵	5.0	5.6
Binge drinker ⁶	5.5	1.8
Had checkup in past year	89.4	88.9
Tested for HIV / AIDS ⁷	23.9	27.8
Had mammogram ⁸	95.3	99.0
Had pap test ⁸	92.6	92.8
Immunization		
Influenza	59.7	60.1
Pneumonia	55.5	54.7
Hepatitis B	13.3	6.2
Has personal doctor	91.6	85.7
Any health coverage	94.3	94.2
Could not see a doctor because of cost	6.4	3.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 57: Demographic and health behavior characteristics among persons age 60 and older, Florida and Santa Rosa County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	San County (n=151)
	Percent	Percent
Demographics		
Age		
60-64	23.7	30.2
65-69	20.8	19.3
70-74	18.5	24.5
75-79	17.1	13.6
80-84	12.9	10.9
85+	7.1	1.5
Gender		
Female	55.3	49.8
Race/ethnicity		
White, non-Hispanic	82.9	92.5
Black, non-Hispanic	5.1	4.0
Hispanic	9.2	2.2
Other, non-Hispanic	2.9	1.4
Education		
<High school	11.4	9.8
High school	30.8	35.5
Some college	26.6	22.7
College	31.2	31.9
Annual Household Income		
\$19,999 or less	14.8	12.3
\$20,000 - \$24,999	11.5	12.5
\$25,000 - \$34,999	12.8	14.5
\$35,000 - \$49,999	15.0	9.7
\$50,000 or more	27.1	35.9
Missing	18.9	15.2
Veteran Status		
Severed on active duty	28.2	36.2
Marital Status		
Married	59.9	59.7
Divorced	11.3	14.0
Widowed	23.2	22.7
Separated	1.6	3.0
Never married	3.2	0.6
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	5.2
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	74.1
Emotional support		
Always or usually receive support needed	78.0	82.5
General life satisfaction		
Very satisfied or satisfied	95.3	99.3
Limited Activities ¹	28.0	17.4
Special Equipment ²	15.1	8.2

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Person with disability ³	31.7	19.6
Body Mass Index		
Underweight	2.1	4.2
Normal weight	34.3	34.7
Overweight	40.7	38.3
Obese	22.8	22.8
Told by a health professional that you have:		
Arthritis	46.0	41.0
Asthma	9.7	9.5
Diabetes	18.3	22.1
High blood pressure	52.6	50.0
High cholesterol	50.6	50.2
Heart attack	12.8	19.4
Coronary heart disease	12.2	12.3
Stroke	6.9	7.2
Health Behavior		
Participation in physical activity or any exercise	69.5	73.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	26.8
Taking action to control blood pressure ⁴	96.7	94.1
Smoking status		
Smokes everyday	9.3	12.5
Smokes some days	2.3	1.9
Former smoker	45.4	41.8
Never smoked	43.0	43.8
Heavy Drinker ⁵	5.0	7.3
Binge drinker ⁶	5.5	93.1
Had checkup in past year	89.4	83.3
Tested for HIV / AIDS ⁷	23.9	29.3
Had mammogram ⁸	95.3	96.3
Had pap test ⁸	92.6	94.3
Immunization		
Influenza	59.7	51.1
Pneumonia	55.5	50.0
Hepatitis B	13.3	15.8
Has personal doctor	91.6	92.9
Any health coverage	94.3	96.6
Could not see a doctor because of cost	6.4	4.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 58: Demographic and health behavior characteristics among persons age 60 and older, Florida and Sarasota County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Sarasota County (n=444)
	Percent	Percent
Demographics		
Age		
60-64	23.7	18.5
65-69	20.8	20.0
70-74	18.5	16.5
75-79	17.1	20.0
80-84	12.9	14.7
85+	7.1	10.2
Gender		
Female	55.3	55.2
Race/ethnicity		
White, non-Hispanic	82.9	94.0
Black, non-Hispanic	5.1	1.9
Hispanic	9.2	0.8
Other, non-Hispanic	2.9	3.3
Education		
<High school	11.4	5.7
High school	30.8	26.6
Some college	26.6	26.6
College	31.2	41.1
Annual Household Income		
\$19,999 or less	14.8	9.9
\$20,000 - \$24,999	11.5	9.5
\$25,000 - \$34,999	12.8	9.0
\$35,000 - \$49,999	15.0	16.9
\$50,000 or more	27.1	37.6
Missing	18.9	17.1
Veteran Status		
Severed on active duty	28.2	29.2
Marital Status		
Married	59.9	66.3
Divorced	11.3	6.7
Widowed	23.2	20.8
Separated	1.6	1.2
Never married	3.2	3.8
Unmarried couple	0.8	1.3
Has children under 18 years old in household	5.3	4.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	87.8
Emotional support		
Always or usually receive support needed	78.0	87.4
General life satisfaction		
Very satisfied or satisfied	95.3	97.2
Limited Activities ¹	28.0	22.4
Special Equipment ²	15.1	10.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Person with disability ³	31.7	24.4
Body Mass Index		
Underweight	2.1	2.6
Normal weight	34.3	42.8
Overweight	40.7	39.3
Obese	22.8	15.3
Told by a health professional that you have:		
Arthritis	46.0	48.9
Asthma	9.7	9.9
Diabetes	18.3	13.5
High blood pressure	52.6	46.4
High cholesterol	50.6	43.4
Heart attack	12.8	8.3
Coronary heart disease	12.2	7.7
Stroke	6.9	4.9
Health Behavior		
Participation in physical activity or any exercise	69.5	78.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	33.5
Taking action to control blood pressure ⁴	96.7	97.7
Smoking status		
Smokes everyday	9.3	9.7
Smokes some days	2.3	1.5
Former smoker	45.4	51.4
Never smoked	43.0	37.4
Heavy Drinker ⁵	5.0	4.2
Binge drinker ⁶	5.5	3.5
Had checkup in past year	89.4	87.0
Tested for HIV / AIDS ⁷	23.9	11.9
Had mammogram ⁸	95.3	97.5
Had pap test ⁸	92.6	87.4
Immunization		
Influenza	59.7	67.7
Pneumonia	55.5	64.0
Hepatitis B	13.3	13.6
Has personal doctor	91.6	94.1
Any health coverage	94.3	95.1
Could not see a doctor because of cost	6.4	2.8

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 59: Demographic and health behavior characteristics among persons age 60 and older, Florida and Seminole County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Seminole County (n=171)
	Percent	Percent
Demographics		
Age		
60-64	23.7	35.9
65-69	20.8	18.5
70-74	18.5	19.8
75-79	17.1	15.8
80-84	12.9	6.6
85+	7.1	3.4
Gender		
Female	55.3	55.1
Race/ethnicity		
White, non-Hispanic	82.9	81.8
Black, non-Hispanic	5.1	10.7
Hispanic	9.2	6.8
Other, non-Hispanic	2.9	0.7
Education		
<High school	11.4	7.7
High school	30.8	26.6
Some college	26.6	27.5
College	31.2	38.2
Annual Household Income		
\$19,999 or less	14.8	10.1
\$20,000 - \$24,999	11.5	8.5
\$25,000 - \$34,999	12.8	16.1
\$35,000 - \$49,999	15.0	18.2
\$50,000 or more	27.1	28.8
Missing	18.9	18.2
Veteran Status		
Severed on active duty	28.2	30.3
Marital Status		
Married	59.9	61.9
Divorced	11.3	15.8
Widowed	23.2	17.9
Separated	1.6	0.5
Never married	3.2	4.0
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	9.1
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	70.6
Emotional support		
Always or usually receive support needed	78.0	79.0
General life satisfaction		
Very satisfied or satisfied	95.3	94.0
Limited Activities¹		
	28.0	31.4
Special Equipment²		
	15.1	13.3
Person with disability³		
	31.7	34.4

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.7
Normal weight	34.3	33.1
Overweight	40.7	33.6
Obese	22.8	31.5
Told by a health professional that you have:		
Arthritis	46.0	46.8
Asthma	9.7	8.5
Diabetes	18.3	22.6
High blood pressure	52.6	57.3
High cholesterol	50.6	48.4
Heart attack	12.8	8.6
Coronary heart disease	12.2	10.3
Stroke	6.9	4.2
Health Behavior		
Participation in physical activity or any exercise	69.5	68.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	33.9
Taking action to control blood pressure ⁴	96.7	97.7
Smoking status		
Smokes everyday	9.3	10.7
Smokes some days	2.3	1.2
Former smoker	45.4	38.1
Never smoked	43.0	50.0
Heavy Drinker ⁵	5.0	4.6
Binge drinker ⁶	5.5	5.9
Had checkup in past year	89.4	92.7
Tested for HIV / AIDS ⁷	23.9	21.0
Had mammogram ⁸	95.3	91.4
Had pap test ⁸	92.6	96.6
Immunization		
Influenza	59.7	57.9
Pneumonia	55.5	47.6
Hepatitis B	13.3	11.5
Has personal doctor	91.6	89.3
Any health coverage	94.3	93.2
Could not see a doctor because of cost	6.4	3.6

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 60: Demographic and health behavior characteristics among persons age 60 and older, Florida and Sumter County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Sumter County (n=292)
	Percent	Percent
Demographics		
Age		
60-64	23.7	39.5
65-69	20.8	18.6
70-74	18.5	14.6
75-79	17.1	16.1
80-84	12.9	8.0
85+	7.1	3.2
Gender		
Female	55.3	46.1
Race/ethnicity		
White, non-Hispanic	82.9	95.3
Black, non-Hispanic	5.1	1.5
Hispanic	9.2	0.9
Other, non-Hispanic	2.9	2.2
Education		
<High school	11.4	8.1
High school	30.8	27.0
Some college	26.6	21.1
College	31.2	43.8
Annual Household Income		
\$19,999 or less	14.8	9.1
\$20,000 - \$24,999	11.5	12.7
\$25,000 - \$34,999	12.8	9.9
\$35,000 - \$49,999	15.0	13.8
\$50,000 or more	27.1	40.8
Missing	18.9	13.7
Veteran Status		
Severed on active duty	28.2	36.6
Marital Status		
Married	59.9	81.4
Divorced	11.3	5.4
Widowed	23.2	10.8
Separated	1.6	0.3
Never married	3.2	1.8
Unmarried couple	0.8	0.4
Has children under 18 years old in household	5.3	0.4
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	80.9
Emotional support		
Always or usually receive support needed	78.0	87.9
General life satisfaction		
Very satisfied or satisfied	95.3	96.4
Limited Activities¹		
	28.0	24.3
Special Equipment²		
	15.1	12.4
Person with disability³		
	31.7	31.1

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.3
Normal weight	34.3	31.2
Overweight	40.7	41.1
Obese	22.8	27.4
Told by a health professional that you have:		
Arthritis	46.0	50.8
Asthma	9.7	8.6
Diabetes	18.3	16.0
High blood pressure	52.6	54.9
High cholesterol	50.6	51.5
Heart attack	12.8	10.4
Coronary heart disease	12.2	9.5
Stroke	6.9	4.7
Health Behavior		
Participation in physical activity or any exercise	69.5	82.3
Fruit and vegetable consumption 5 or more serving per day	27.8	24.7
Taking action to control blood pressure ⁴	96.7	95.7
Smoking status		
Smokes everyday	9.3	5.4
Smokes some days	2.3	1.6
Former smoker	45.4	47.8
Never smoked	43.0	45.3
Heavy Drinker ⁵	5.0	3.9
Binge drinker ⁶	5.5	14.3
Had checkup in past year	89.4	88.0
Tested for HIV / AIDS ⁷	23.9	22.2
Had mammogram ⁸	95.3	95.4
Had pap test ⁸	92.6	95.3
Immunization		
Influenza	59.7	68.2
Pneumonia	55.5	58.7
Hepatitis B	13.3	14.0
Has personal doctor	91.6	88.4
Any health coverage	94.3	95.0
Could not see a doctor because of cost	6.4	3.7

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 61: Demographic and health behavior characteristics among persons age 60 and older, Florida and Suwanee County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Suwanee County (n=210)
	Percent	Percent
Demographics		
Age		
60-64	23.7	26.1
65-69	20.8	24.4
70-74	18.5	16.6
75-79	17.1	19.6
80-84	12.9	10.2
85+	7.1	3.1
Gender		
Female	55.3	52.6
Race/ethnicity		
White, non-Hispanic	82.9	89.9
Black, non-Hispanic	5.1	4.3
Hispanic	9.2	2.6
Other, non-Hispanic	2.9	3.1
Education		
<High school	11.4	20.7
High school	30.8	34.6
Some college	26.6	24.7
College	31.2	19.9
Annual Household Income		
\$19,999 or less	14.8	27.5
\$20,000 - \$24,999	11.5	13.7
\$25,000 - \$34,999	12.8	12.2
\$35,000 - \$49,999	15.0	12.1
\$50,000 or more	27.1	15.8
Missing	18.9	18.8
Veteran Status		
Severed on active duty	28.2	32.2
Marital Status		
Married	59.9	62.6
Divorced	11.3	10.7
Widowed	23.2	22.7
Separated	1.6	1.9
Never married	3.2	1.5
Unmarried couple	0.8	0.6
Has children under 18 years old in household	5.3	4.3
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	73.5
Emotional support		
Always or usually receive support needed	78.0	74.7
General life satisfaction		
Very satisfied or satisfied	95.3	95.0
Limited Activities¹		
Special Equipment ²	15.1	17.5
Person with disability ³	31.7	38.9

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.2
Normal weight	34.3	33.4
Overweight	40.7	39.7
Obese	22.8	26.7
Told by a health professional that you have:		
Arthritis	46.0	52.3
Asthma	9.7	16.2
Diabetes	18.3	18.0
High blood pressure	52.6	55.0
High cholesterol	50.6	55.0
Heart attack	12.8	14.6
Coronary heart disease	12.2	12.5
Stroke	6.9	12.0
Health Behavior		
Participation in physical activity or any exercise	69.5	66.1
Fruit and vegetable consumption		
5 or more serving per day	27.8	28.1
Taking action to control blood pressure ⁴	96.7	97.1
Smoking status		
Smokes everyday	9.3	15.1
Smokes some days	2.3	2.9
Former smoker	45.4	37.0
Never smoked	43.0	45.0
Heavy Drinker ⁵	5.0	2.0
Binge drinker ⁶	5.5	2.2
Had checkup in past year	89.4	87.8
Tested for HIV / AIDS ⁷	23.9	20.7
Had mammogram ⁸	95.3	90.9
Had pap test ⁸	92.6	93.1
Immunization		
Influenza	59.7	53.3
Pneumonia	55.5	58.9
Hepatitis B	13.3	12.7
Has personal doctor	91.6	93.0
Any health coverage	94.3	91.5
Could not see a doctor because of cost	6.4	8.2

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 62: Demographic and health behavior characteristics among persons age 60 and older, Florida and Taylor County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Taylor County (n=213)
	Percent	Percent
Demographics		
Age		
60-64	23.7	23.9
65-69	20.8	25.6
70-74	18.5	18.7
75-79	17.1	17.0
80-84	12.9	13.0
85+	7.1	1.8
Gender		
Female	55.3	55.4
Race/ethnicity		
White, non-Hispanic	82.9	75.6
Black, non-Hispanic	5.1	18.8
Hispanic	9.2	2.2
Other, non-Hispanic	2.9	3.4
Education		
<High school	11.4	16.6
High school	30.8	44.4
Some college	26.6	23.7
College	31.2	15.3
Annual Household Income		
\$19,999 or less	14.8	34.0
\$20,000 - \$24,999	11.5	6.7
\$25,000 - \$34,999	12.8	17.8
\$35,000 - \$49,999	15.0	12.0
\$50,000 or more	27.1	13.7
Missing	18.9	15.8
Veteran Status		
Severed on active duty	28.2	31.3
Marital Status		
Married	59.9	55.2
Divorced	11.3	12.7
Widowed	23.2	29.7
Separated	1.6	2.1
Never married	3.2	0.2
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	4.4
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	68.6
Emotional support		
Always or usually receive support needed	78.0	80.9
General life satisfaction		
Very satisfied or satisfied	95.3	94.4
Limited Activities¹		
Special Equipment ²	15.1	13.4
Person with disability ³	31.7	33.7

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.3
Normal weight	34.3	30.3
Overweight	40.7	44.5
Obese	22.8	23.9
Told by a health professional that you have:		
Arthritis	46.0	57.7
Asthma	9.7	11.4
Diabetes	18.3	20.6
High blood pressure	52.6	57.6
High cholesterol	50.6	62.7
Heart attack	12.8	14.4
Coronary heart disease	12.2	14.5
Stroke	6.9	8.6
Health Behavior		
Participation in physical activity or any exercise	69.5	61.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	19.9
Taking action to control blood pressure ⁴	96.7	95.5
Smoking status		
Smokes everyday	9.3	13.6
Smokes some days	2.3	2.0
Former smoker	45.4	33.4
Never smoked	43.0	51.0
Heavy Drinker ⁵	5.0	6.8
Binge drinker ⁶	5.5	4.1
Had checkup in past year	89.4	79.9
Tested for HIV / AIDS ⁷	23.9	18.5
Had mammogram ⁸	95.3	94.2
Had pap test ⁸	92.6	95.2
Immunization		
Influenza	59.7	52.5
Pneumonia	55.5	49.1
Hepatitis B	13.3	14.7
Has personal doctor	91.6	87.3
Any health coverage	94.3	90.9
Could not see a doctor because of cost	6.4	13.3

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 63: Demographic and health behavior characteristics among persons age 60 and older, Florida and Union County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Union County (n=194)
	Percent	Percent
Demographics		
Age		
60-64	23.7	39.6
65-69	20.8	19.6
70-74	18.5	17.2
75-79	17.1	10.4
80-84	12.9	4.0
85+	7.1	9.0
Gender		
Female	55.3	50.4
Race/ethnicity		
White, non-Hispanic	82.9	92.5
Black, non-Hispanic	5.1	3.2
Hispanic	9.2	2.2
Other, non-Hispanic	2.9	2.1
Education		
<High school	11.4	18.2
High school	30.8	53.2
Some college	26.6	17.8
College	31.2	10.7
Annual Household Income		
\$19,999 or less	14.8	23.1
\$20,000 - \$24,999	11.5	2.0
\$25,000 - \$34,999	12.8	16.0
\$35,000 - \$49,999	15.0	25.3
\$50,000 or more	27.1	17.8
Missing	18.9	12.6
Veteran Status		
Severed on active duty	28.2	35.3
Marital Status		
Married	59.9	61.2
Divorced	11.3	7.6
Widowed	23.2	24.8
Separated	1.6	0.8
Never married	3.2	5.0
Unmarried couple	0.8	0.5
Has children under 18 years old in household	5.3	5.5
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	63.6
Emotional support		
Always or usually receive support needed	78.0	74.6
General life satisfaction		
Very satisfied or satisfied	95.3	96.0
Limited Activities¹		
Special Equipment ²	28.0	36.0
Person with disability ³	15.1	17.6
	31.7	41.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	0.6
Normal weight	34.3	22.5
Overweight	40.7	44.0
Obese	22.8	32.9
Told by a health professional that you have:		
Arthritis	46.0	46.7
Asthma	9.7	12.5
Diabetes	18.3	20.9
High blood pressure	52.6	51.3
High cholesterol	50.6	52.9
Heart attack	12.8	9.2
Coronary heart disease	12.2	9.6
Stroke	6.9	8.7
Health Behavior		
Participation in physical activity or any exercise	69.5	59.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	17.7
Taking action to control blood pressure ⁴	96.7	98.6
Smoking status		
Smokes everyday	9.3	8.0
Smokes some days	2.3	3.6
Former smoker	45.4	40.6
Never smoked	43.0	47.8
Heavy Drinker ⁵	5.0	2.2
Binge drinker ⁶	5.5	11.5
Had checkup in past year	89.4	82.0
Tested for HIV / AIDS ⁷	23.9	34.7
Had mammogram ⁸	95.3	96.2
Had pap test ⁸	92.6	94.2
Immunization		
Influenza	59.7	48.9
Pneumonia	55.5	52.2
Hepatitis B	13.3	31.2
Has personal doctor	91.6	89.5
Any health coverage	94.3	94.7
Could not see a doctor because of cost	6.4	7.5

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)
3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.
4. Only asked of individuals who had high blood pressure
5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day
6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.
7. Not asked of anyone age 65 and over
8. Only asked of women

Table 64: Demographic and health behavior characteristics among persons age 60 and older, Florida and Volusia County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Volusia County (n=208)
	Percent	Percent
Demographics		
Age		
60-64	23.7	19.1
65-69	20.8	21.8
70-74	18.5	19.0
75-79	17.1	16.4
80-84	12.9	13.6
85+	7.1	10.0
Gender		
Female	55.3	55.3
Race/ethnicity		
White, non-Hispanic	82.9	89.9
Black, non-Hispanic	5.1	2.9
Hispanic	9.2	2.9
Other, non-Hispanic	2.9	4.3
Education		
<High school	11.4	12.8
High school	30.8	36.6
Some college	26.6	20.8
College	31.2	29.8
Annual Household Income		
\$19,999 or less	14.8	15.8
\$20,000 - \$24,999	11.5	8.6
\$25,000 - \$34,999	12.8	15.0
\$35,000 - \$49,999	15.0	16.9
\$50,000 or more	27.1	23.7
Missing	18.9	20.0
Veteran Status		
Severed on active duty	28.2	31.3
Marital Status		
Married	59.9	62.2
Divorced	11.3	11.9
Widowed	23.2	22.9
Separated	1.6	0.4
Never married	3.2	2.6
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	2.6
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	79.8
Emotional support		
Always or usually receive support needed	78.0	78.3
General life satisfaction		
Very satisfied or satisfied	95.3	96.6
Limited Activities¹		
	28.0	28.1
Special Equipment²		
	15.1	18.5
Person with disability³		
	31.7	33.1

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	2.2
Normal weight	34.3	33.8
Overweight	40.7	43.8
Obese	22.8	20.2
Told by a health professional that you have:		
Arthritis	46.0	42.5
Asthma	9.7	10.6
Diabetes	18.3	15.3
High blood pressure	52.6	53.2
High cholesterol	50.6	53.3
Heart attack	12.8	11.9
Coronary heart disease	12.2	6.9
Stroke	6.9	3.8
Health Behavior		
Participation in physical activity or any exercise	69.5	72.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	31.3
Taking action to control blood pressure ⁴	96.7	94.5
Smoking status		
Smokes everyday	9.3	12.2
Smokes some days	2.3	1.5
Former smoker	45.4	44.6
Never smoked	43.0	41.6
Heavy Drinker ⁵	5.0	1.4
Binge drinker ⁶	5.5	3.4
Had checkup in past year	89.4	86.8
Tested for HIV / AIDS ⁷	23.9	23.8
Had mammogram ⁸	95.3	92.6
Had pap test ⁸	92.6	93.7
Immunization		
Influenza	59.7	63.9
Pneumonia	55.5	58.1
Hepatitis B	13.3	13.6
Has personal doctor	91.6	92.5
Any health coverage	94.3	95.2
Could not see a doctor because of cost	6.4	2.9

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 65: Demographic and health behavior characteristics among persons age 60 and older, Florida and Wakulla County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Wakulla County (n=180)
	Percent	Percent
Demographics		
Age		
60-64	23.7	33.3
65-69	20.8	28.4
70-74	18.5	12.3
75-79	17.1	16.1
80-84	12.9	5.7
85+	7.1	4.2
Gender		
Female	55.3	45.1
Race/ethnicity		
White, non-Hispanic	82.9	89.7
Black, non-Hispanic	5.1	4.8
Hispanic	9.2	2.0
Other, non-Hispanic	2.9	3.5
Education		
<High school	11.4	12.4
High school	30.8	29.2
Some college	26.6	18.9
College	31.2	39.5
Annual Household Income		
\$19,999 or less	14.8	11.6
\$20,000 - \$24,999	11.5	7.4
\$25,000 - \$34,999	12.8	6.4
\$35,000 - \$49,999	15.0	30.7
\$50,000 or more	27.1	27.3
Missing	18.9	16.6
Veteran Status		
Severed on active duty	28.2	30.6
Marital Status		
Married	59.9	56.0
Divorced	11.3	21.4
Widowed	23.2	13.3
Separated	1.6	0.8
Never married	3.2	7.6
Unmarried couple	0.8	0.9
Has children under 18 years old in household	5.3	4.9
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	67.7
Emotional support		
Always or usually receive support needed	78.0	85.7
General life satisfaction		
Very satisfied or satisfied	95.3	96.5
Limited Activities¹		
	28.0	36.2
Special Equipment²		
	15.1	14.6
Person with disability³		
	31.7	38.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.2
Normal weight	34.3	30.1
Overweight	40.7	34.3
Obese	22.8	34.3
Told by a health professional that you have:		
Arthritis	46.0	55.1
Asthma	9.7	18.4
Diabetes	18.3	27.0
High blood pressure	52.6	64.0
High cholesterol	50.6	50.7
Heart attack	12.8	14.9
Coronary heart disease	12.2	12.1
Stroke	6.9	6.3
Health Behavior		
Participation in physical activity or any exercise	69.5	64.4
Fruit and vegetable consumption		
5 or more serving per day	27.8	30.4
Taking action to control blood pressure ⁴	96.7	96.6
Smoking status		
Smokes everyday	9.3	15.0
Smokes some days	2.3	4.0
Former smoker	45.4	32.1
Never smoked	43.0	48.8
Heavy Drinker ⁵	5.0	5.2
Binge drinker ⁶	5.5	6.9
Had checkup in past year	89.4	89.5
Tested for HIV / AIDS ⁷	23.9	43.9
Had mammogram ⁸	95.3	99.1
Had pap test ⁸	92.6	97.7
Immunization		
Influenza	59.7	52.8
Pneumonia	55.5	51.0
Hepatitis B	13.3	17.5
Has personal doctor	91.6	98.1
Any health coverage	94.3	94.0
Could not see a doctor because of cost	6.4	6.8

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 66: Demographic and health behavior characteristics among persons age 60 and older, Florida and Walton County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Walton County (n=195)
	Percent	Percent
Demographics		
Age		
60-64	23.7	27.6
65-69	20.8	24.2
70-74	18.5	19.0
75-79	17.1	18.1
80-84	12.9	7.0
85+	7.1	4.1
Gender		
Female	55.3	57.0
Race/ethnicity		
White, non-Hispanic	82.9	92.9
Black, non-Hispanic	5.1	3.4
Hispanic	9.2	0.1
Other, non-Hispanic	2.9	3.7
Education		
<High school	11.4	10.5
High school	30.8	32.9
Some college	26.6	27.1
College	31.2	29.5
Annual Household Income		
\$19,999 or less	14.8	16.8
\$20,000 - \$24,999	11.5	12.6
\$25,000 - \$34,999	12.8	12.7
\$35,000 - \$49,999	15.0	13.3
\$50,000 or more	27.1	23.8
Missing	18.9	20.9
Veteran Status		
Severed on active duty	28.2	30.4
Marital Status		
Married	59.9	66.1
Divorced	11.3	8.7
Widowed	23.2	20.4
Separated	1.6	0.0
Never married	3.2	4.8
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	5.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	66.8
Emotional support		
Always or usually receive support needed	78.0	77.9
General life satisfaction		
Very satisfied or satisfied	95.3	98.7
Limited Activities¹		
Special Equipment ²	15.1	19.4
Person with disability ³	31.7	41.5

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	3.2
Normal weight	34.3	31.7
Overweight	40.7	37.5
Obese	22.8	27.6
Told by a health professional that you have:		
Arthritis	46.0	49.9
Asthma	9.7	11.0
Diabetes	18.3	17.9
High blood pressure	52.6	55.1
High cholesterol	50.6	56.4
Heart attack	12.8	11.7
Coronary heart disease	12.2	10.8
Stroke	6.9	5.3
Health Behavior		
Participation in physical activity or any exercise	69.5	65.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	34.8
Taking action to control blood pressure ⁴	96.7	97.0
Smoking status		
Smokes everyday	9.3	17.0
Smokes some days	2.3	3.4
Former smoker	45.4	40.3
Never smoked	43.0	39.2
Heavy Drinker ⁵	5.0	3.9
Binge drinker ⁶	5.5	3.5
Had checkup in past year	89.4	83.9
Tested for HIV / AIDS ⁷	23.9	13.6
Had mammogram ⁸	95.3	94.2
Had pap test ⁸	92.6	95.1
Immunization		
Influenza	59.7	65.7
Pneumonia	55.5	63.6
Hepatitis B	13.3	9.5
Has personal doctor	91.6	89.1
Any health coverage	94.3	93.3
Could not see a doctor because of cost	6.4	6.8

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems

2. Respondent asked if they now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (Include occasional use or use in certain circumstances.)

3. Disability status is defined as persons with limitation of activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

4. Only asked of individuals who had high blood pressure

5. Defined as adult men having more than two drinks per day and adult women having more than one drink per day

6. Defined as adult men having more than five or more drinks and adult women having four or more drinks on one occasion in the past 30 days.

7. Not asked of anyone age 65 and over

8. Only asked of women

Table 67: Demographic and health behavior characteristics among persons age 60 and older, Florida and Washington County, Behavioral Risk Factor Surveillance System, 2007.

Variable	Florida Overall (n=15,519)	Washington County (n=221)
	Percent	Percent
Demographics		
Age		
60-64	23.7	30.0
65-69	20.8	23.7
70-74	18.5	16.0
75-79	17.1	13.7
80-84	12.9	12.0
85+	7.1	4.6
Gender		
Female	55.3	53.9
Race/ethnicity		
White, non-Hispanic	82.9	83.0
Black, non-Hispanic	5.1	5.6
Hispanic	9.2	1.8
Other, non-Hispanic	2.9	9.7
Education		
<High school	11.4	23.2
High school	30.8	39.3
Some college	26.6	20.5
College	31.2	17.0
Annual Household Income		
\$19,999 or less	14.8	23.8
\$20,000 - \$24,999	11.5	14.0
\$25,000 - \$34,999	12.8	8.7
\$35,000 - \$49,999	15.0	18.7
\$50,000 or more	27.1	17.4
Missing	18.9	17.4
Veteran Status		
Severed on active duty	28.2	29.8
Marital Status		
Married	59.9	60.9
Divorced	11.3	11.7
Widowed	23.2	26.3
Separated	1.6	1.0
Never married	3.2	0.2
Unmarried couple	0.8	0.0
Has children under 18 years old in household	5.3	8.7
Health and Personal Characteristics		
General health		
Excellent, very good, or good	74.9	67.7
Emotional support		
Always or usually receive support needed	78.0	75.5
General life satisfaction		
Very satisfied or satisfied	95.3	94.4
Limited Activities¹		
	28.0	34.6
Special Equipment²		
	15.1	16.5
Person with disability³		
	31.7	39.3

County-Level Demographics, Health Characteristics and Health Behaviors of Florida Residents Aged 60 and over: Results from the 2007 Behavioral Risk Factor Surveillance System

Body Mass Index		
Underweight	2.1	1.0
Normal weight	34.3	26.2
Overweight	40.7	42.5
Obese	22.8	30.3
Told by a health professional that you have:		
Arthritis	46.0	64.7
Asthma	9.7	11.9
Diabetes	18.3	19.5
High blood pressure	52.6	57.2
High cholesterol	50.6	57.2
Heart attack	12.8	18.4
Coronary heart disease	12.2	15.8
Stroke	6.9	8.8
Health Behavior		
Participation in physical activity or any exercise	69.5	64.2
Fruit and vegetable consumption		
5 or more serving per day	27.8	20.0
Taking action to control blood pressure ⁴	96.7	94.8
Smoking status		
Smokes everyday	9.3	12.4
Smokes some days	2.3	1.7
Former smoker	45.4	36.9
Never smoked	43.0	49.0
Heavy Drinker ⁵	5.0	3.2
Binge drinker ⁶	5.5	4.1
Had checkup in past year	89.4	85.0
Tested for HIV / AIDS ⁷	23.9	27.1
Had mammogram ⁸	95.3	94.8
Had pap test ⁸	92.6	94.8
Immunization		
Influenza	59.7	55.9
Pneumonia	55.5	50.4
Hepatitis B	13.3	16.9
Has personal doctor	91.6	92.1
Any health coverage	94.3	94.2
Could not see a doctor because of cost	6.4	10.4

1. Respondent asked if they are limited in any way in any activities because of physical, mental, or emotional problems
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